



OPTIONAL SHORE EXCURSIONS

ST. JEAN DE LUZ, FRANCE

Welcome Ashore!

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey. Peace of mind knowing that your excursions are monitored by the ship's staff. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

SHORE EXCURSIONS

THE GUGGENHEIM MUSEUM

HIGHLIGHTS

- Marvel at the swirling titanium and glass architecture of Frank Gehry's iconic Guggenheim Bilbao.
- Enjoy ample time on your own to study the museum's 20th-century and contemporary masterpieces.
- Sate your appetite at a typical Basque restaurant or dine in one of the museum's venues, if you wish.

DESCRIPTION

Examine a world-class art collection at Bilbao's Guggenheim Museum, whose design by Frank Gehry is as renowned as the priceless paintings and sculptures gracing its galleries. Travel into Spain to the formerly industrial and now magnificently revitalized city of Bilbao, a global art capital straddling the banks of the Nervión River. You'll soon arrive at the Guggenheim Museum, an architectural masterpiece clad in swooping titanium plates and curving glass panes that is pure, unmistakable Gehry. Gaze in awe at this marvelous creation, which fractures the sunlight into an effervescent shimmer. You'll discover its interior of milk-white walls, soaring halls and intimate galleries is equally enchanting. During approximately 3 ½ hours on your own, browse modern art from the mid-20th century to the present, studying masterworks by Andy Warhol, Willem de Kooning, Robert Motherwell, Jeff Koons and Robert Rauschenberg, to name but a few. You might have lunch in the museum's restaurant or seek out an inviting Basque taberna in the surrounding neighborhood as you ponder the Guggenheim Bilbao's mesmerizing fusion of architectural and visual arts.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes moderate walking, mainly at the guest's discretion. Elevators are available at the museum. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Travel time to Bilbao is approximately two hours by coach in each direction.

APPROX. DURATION:

7.0
HOURS

TOUR CODE:

SJL-001
\$99.00

TOUR TYPE

N/A

ACTIVITY LEVEL



OPTIONS

N/A

SAN SEBASTIAN

HIGHLIGHTS

- Survey marvelous San Sebastián and the Bay of La Concha from an ideal hilltop viewpoint.
- Follow in the steps of 19th-century elite during your panoramic tour of Belle Époque San Sebastián.
- Appreciate a walking tour along the narrow streets of the city's atmospheric Old Quarter.
- Delight in free time at your leisure for further exploration, shopping or a traditional Basque repast.

DESCRIPTION

Revel in the glamour of Spain's Belle Époque San Sebastián during a coach and walking tour with ample free time for exploration. Encircling the glittering Bay of La Concha, you'll find resplendent San Sebastián, a chic, French-tinged city that became a playground for the Spanish aristocracy after Queen Regent María Cristina began summering here in the late 19th century. Begin your excursion with sweeping views of the city and its spectacular bay from a splendid vantage point atop picturesque Monte Igueldo. Enjoy a panoramic coach tour of the sophisticated city, perhaps viewing the fanciful Palace and Gardens of Miramar, the stunning Cathedral of the Good Shepherd and neoclassical masterpieces including the striking Town Hall, formerly the Grand Casino.

Embark on a walking tour of the Old Quarter, an irresistible neighborhood brimming with shops, tapas bars and restaurants. You might see the single street left unscathed by a devastating 1813 fire, which spared some of the city's most venerable buildings, including the imposing Church of San Vicente. Savor time on your own to shop and stroll the winding streets, perhaps stopping in one of the city's welcoming tabernas to try cod pil-pil, a mouthwatering Basque specialty.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes a moderate amount of walking. There will be some steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

APPROX. DURATION:
3.5
HOURS

TOUR CODE:
SJL-003
FREE

TOUR TYPE
N/A

ACTIVITY LEVEL


OPTIONS
N/A

TRADITIONAL BASQUE DESSERT COOKING CLASS

HIGHLIGHTS

- Learn to make classic regional Basque desserts at an eco-friendly hotel.
- Prepare local favorites that may include torrijas, a Basque spin on traditional French toast.
- Make Gâteau Basque as an alternative, a dessert so iconic that a museum is devoted to it.
- Sample the desserts that you have prepared with the pastry chef's assistance.

DESCRIPTION

Participate in a hands-on cooking class, during which you will prepare classic regional desserts such as cream-filled Gâteau Basque. The venue will be the Domaine de Bassilour, an eco-friendly hotel in Basque country. Although influenced by French cuisine, the local cuisine is quite different, especially with regard to pastries and desserts. During class, you will prepare favorites that may include torrijas, a Basque spin on traditional French toast. It is typically served with warm floral honey. As an alternative, you might make Gâteau Basque, a tart-like dessert with filling. The pattern on the crunchy top crust usually reveals what's inside. For instance, cream-filled gâteau typically features a crosshatch pattern, while black cherry-filled gâteau has a Basque rounded cross pattern. The dessert is so iconic that there is a Gâteau Basque museum nearby. At the end of class, you will sample the desserts that you have prepared and receive the recipes for them.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

DISCLAIMER:

This tour is not recommended for guests with limited mobility as the venue is not wheelchair accessible.

APPROX. DURATION: 3.5 HOURS	TOUR CODE: SJL-007 \$109.00	TOUR TYPE N/A	ACTIVITY LEVEL 	OPTIONS N/A
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SHUTTLES TO TOWN

DESCRIPTION

To ensure that your shoreside experiences are as convenient and enjoyable as possible, we are delighted to offer a complimentary shuttle between your ship and the city center in every port where the ship is not docked within walking distance of the city center. This service runs continuously, aligning perfectly with your ship's in-port schedule. Best of all, there's no need to reserve your seat in advance. Simply make your way to the designated stop to board your shuttle, and you'll be whisked away to the heart of the city. Additional information and schedules can be obtained by visiting the onboard Destination Services Desk during your voyage.

APPROX. DURATION:

0.0
HOURS

TOUR CODE:

SJL-STT
FREE

TOUR TYPE

N/A

ACTIVITY LEVEL



OPTIONS

N/A

HIKE ALONG THE BASQUE COASTAL PATH

HIGHLIGHTS

- Take a leisurely 4-mile hike along the gorgeous coast in Basque country.
- Enjoy a spectacularly wild landscape of cliffs and heathland that border the beach.
- Pause on occasion as the guide describes the flora, fauna and geological features.

DESCRIPTION

Follow an immensely picturesque path along the Atlantic Ocean, passing through a variety of wild landscapes, all of them definitively Basque. The small fishing village of Guéthary will be the starting point for your hike. As you look around, you can't help but notice that this is pure Basque country. Cliffs and heathland border the beaches, and the ambiance is genuine and unpretentious. You will hike south with the ocean on one side and ever-changing, naturally beautiful vistas on the other side. You will pass through fields with grazing sheep, cross over creeks emptying into the sea and every so often encounter red-trimmed Basque-style villas. The pace will be leisurely, as you will have more than three hours to hike a little more than four miles. Along the way, the guide will offer commentary regarding the flora and fauna, the Basque culture and geological features such as the rocky shoreline and the mountains looming in the distance.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

DISCLAIMER:

This tour includes approximately 3 hours of walking/hiking covering a distance of 4 miles. It is not available for guests who utilize a wheelchair or those guests with mobility concerns. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Guests should be in good physical condition to participate in this excursion.

APPROX. DURATION:

3.5
HOURS

TOUR CODE:

SJL-WT1
FREE

TOUR TYPE



ACTIVITY LEVEL



OPTIONS

N/A

BIARRITZ & THE BASQUE COAST

HIGHLIGHTS

- Take in sweeping vistas of Biarritz and the glittering sea from a perch beside the city's lighthouse.
- Look for experienced surfers riding the waves along Grande Plage, Biarritz's famed beach.
- Delight in the majestic Hôtel du Palais, a former 19th-century imperial summer residence.
- Explore Biarritz's quaint old fishing port during both your tour and time on your own to shop and stroll.
- Cross a bridge designed by Gustave Eiffel to reach an iconic islet known as the Rock of the Virgin.
- Pass through two characteristic Basque villages and tour charismatic Saint-Jean-de-Luz.

DESCRIPTION

Discover Biarritz, a seaside town charmingly known as the Queen of Resorts and the Resort of Kings, on this delightful guided walking tour. Settle in for the scenic 30-minute drive to Biarritz, stopping at a lighthouse that offers splendid panoramic views of the city. During your walking tour, admire the expansive Grande Plage, a beach venerated by surfers from all over the world. Gaze at the superb Hôtel du Palais, a luxurious edifice that was built in 1855 as a summer getaway for Emperor Napoleon III and Empress Eugénie, whose first initial inspired the hotel's E-shaped ground plan. Wander to an old fishing port nestled amidst sea rocks, now a cozy harbor considered a tiny village within the city, and continue to the oft-photographed Rock of the Virgin, a diminutive island reachable only via a bridge designed by Gustave Eiffel. Back in the old port, enjoy free time to shop or explore further before rejoining your coach. You'll drive through the charming villages of Bidart and Guethary and, back in Saint-Jean-de-Luz, appreciate an approximately 45-minute tour of the town, another shining beacon on the endlessly fascinating Basque coast.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes a considerable amount of walking. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may make arrangements with the guide to not participate in some of the walking portions of the tour. The order of sites viewed or visited may vary.

APPROX. DURATION:
4.0
HOURS

TOUR CODE:
SJL-002
FREE

TOUR TYPE
N/A

ACTIVITY LEVEL


OPTIONS
N/A

DISCOVER MEDIEVAL BAYONNE

HIGHLIGHTS

- Explore riverfront Bayonne, an exquisite city recognized as a UNESCO World Heritage site.
- Roam winding streets flanked by 18th-century buildings during your guided walking tour.
- Glean details of the town's colorful history, which features Richard the Lionhearted and the birth of French chocolate.
- Spend approximately one hour at your leisure, perhaps trying a pain au chocolat or shopping for Bayonne's famed linen.

DESCRIPTION

Delve into the beautiful city of Bayonne, a UNESCO World Heritage site, on an illuminating guided tour followed by time on your own. You'll find magnificent Bayonne at the junction of the Nive and Adour rivers, a strategic location which helped the town flourish during 300 years of English rule. Discover Bayonne changed hands when Eleanor of Aquitaine married Henry II of England and that the town was favored by their fabled son Richard the Lionhearted. Enjoy an approximately one-hour guided walking tour of Old Bayonne, whose narrow streets are lined with 18th-century homes and tantalizing shops. You'll hear of the town's venerable chocolate-making tradition, introduced by Portuguese Jews in the 16th century, and might be surprised to learn that this innocuous indulgence was then referred to as "the devil's drink." You'll appreciate approximately one hour of time on your own to leisurely stroll the town and perhaps sample some scrumptious chocolate or a cloud-like pastry. As a wonderful memento of Bayonne, browse the fine linen found in numerous boutiques, echoes of an age-old tradition that speaks of the town's gracious historical legacy.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately one hour of moderate-to-strenuous walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and steep inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Travel time to Bayonne is approximately 30 minutes by coach in each direction.

APPROX. DURATION:
3.0
HOURS

TOUR CODE:
SJL-005
FREE

TOUR TYPE
N/A

ACTIVITY LEVEL

OPTIONS
N/A

CRISTOBAL BALENCIAGA MUSEUM

HIGHLIGHTS

- Journey along Spain’s picturesque northern coast to Getaria, birthplace of fashion designer Balenciaga.
- Learn of Balenciaga’s impact on the fashion world of the mid-20th century, when even Coco Chanel held him in awe.
- Appreciate the graceful palace and glass-walled annex housing the museum.
- Immerse yourself in Balenciaga’s design philosophy on an introductory tour.
- Examine over a thousand of the designer’s stunning creations during time on your own.

DESCRIPTION

Behold the genius of Spanish fashion designer Cristobal Balenciaga at his namesake museum, where more than a thousand of his creations are displayed. Relax during a leisurely drive to Spain’s medieval city of Getaria, a fitting site for a museum devoted to the designer’s life and legacy as it is here he was both born and laid to rest. Hear of Balenciaga’s towering influence in the fashion world of the 1950s and 1960s, when Coco Chanel called him “the only true couturier among us.” Appreciate how he changed silhouettes by broadening the shoulders and narrowing the waist, creating iconic looks such as his Empire and baby-doll dresses, as well as kimono-like coats that were worn by the likes of Grace Kelly. You’ll delight in the museum’s main building, the elegant Aldamar Palace, and the curved, glass-walled modern annex. Enjoy a guided introduction by a member of the museum staff followed by time to independently explore the exhibits. As you wander the enthralling galleries, you’ll see a dazzling array of chic cocktail dresses, tailored suits, jeweled wedding dresses and accessories such as taffeta day caps and brooches, all testament to Balenciaga’s rare virtuosity.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately two hours of easy-to-moderate walking. There will be some steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Travel time to Getaria is approximately one hour by coach in each direction.

APPROX. DURATION:
4.0
HOURS

TOUR CODE:
SJL-006
FREE

TOUR TYPE
N/A

ACTIVITY LEVEL


OPTIONS
N/A

A TASTE OF THE BASQUE COUNTRY

HIGHLIGHTS

- View idyllic Basque scenery as you journey by coach to the village of Ainhoa.
- Stroll among Ainhoa's historic houses, whose dazzling white façades are highlighted with vividly painted shutters.
- Marvel at serene Sare, a quaint village perched on the foothills of the Pyrenees.
- Tour a traditional Basque home and partake in a tasting of culinary treats from the surrounding farms.
- See the highlights of Saint-Jean-de-Luz during a brief coach tour.

DESCRIPTION

Experience the allure of typical Basque villages on this delightful excursion into the countryside surrounding Saint-Jean-de-Luz. Travel for approximately 30 minutes through pastoral Basque landscapes to the village of Ainhoa, which was almost entirely destroyed by the Spanish in 1629. You'll discover the town was rebuilt during the 17th and 18th centuries in what is known as the Labourd style, an enchanting architectural expression distinguished by whitewashed homes that are fringed with exposed stone and adorned with crimson shutters. As you explore, look for the dates of construction and owner's names engraved on the lintels above the doorways. Journey to hilltop Sare, a bucolic village surrounded by attractive farmhouses and once an infamous smuggler's hideout. You'll visit a typical home, gaining insight into the traditional Basque way of life as you enjoy a tasting of local treats produced by nearby farms, which may include cheese, apple marmalade, cider and wine. Returning to Saint-Jean-de-Luz, relax during an orientation tour by coach that is sure to bolster your appreciation for this utterly enthralling land.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes limited walking. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages. The order of sites viewed or visited may vary.

APPROX. DURATION:

3.0
HOURS

TOUR CODE:

SJL-004
FREE

TOUR TYPE

N/A

ACTIVITY LEVEL



OPTIONS

N/A

MEET SURFRIDER FOUNDATION EUROPE

HIGHLIGHTS

- Learn how Surfrider Foundation Europe protects vast areas of the sea and shore .
- Hear about the destructive impact of litter, agricultural run-off and coastal development .
- Participate in a beach clean-up on one of the area's most popular stretches of sand .

DESCRIPTION



Hear about the devastating effects of litter on the beaches along the Basque Coast and do your part to reverse them by participating in a fun and personally satisfying beach clean-up. The experience will begin by meeting with a representative of Surfrider Foundation Europe, an organization that concerned surfers created in 1990 to preserve Europe's ocean waters and coastlines. Their ambitious goals include reducing the 10 million tons of waste thrown into the ocean each year and reducing coastal development that may further change the climate. The members also passionately fight to lessen the amount of agricultural run-off and sewage that is discharged into the ocean. You will contribute by picking up litter on one of area's the most popular beaches, which will be chosen the day of the excursion. Afterwards, you can take pride in knowing that you helped to protect the sea and the shore.

HELPFUL HINTS

- Dress in weather-appropriate clothing .
- Wear flat comfortable walking shoes .

DISCLAIMER:

This tour includes approximately 1.5 hours of strenuous activity at the beach. Guest will be involved actively in rubbish clean up. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Weather appropriate clothing; a wind breaker, sun cap; sunglasses; and flat, comfortable walking shoes are recommended. The beach will be wet with sandy grounds. Guest might get dirty. This tour requires an early reservation.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
4.0 HOURS	SJL-GG1 \$159.00			N/A

GENERAL INFORMATION

WHATS IS INCLUDE?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.