



OPTIONAL SHORE EXCURSIONS

SAINT-MALO, FRANCE

Welcome Ashore!

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey. Peace of mind knowing that your excursions are monitored by the ship's staff. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

SHORE EXCURSIONS

MYSTICAL MONT ST. MICHEL

HIGHLIGHTS

- Gaze in awe at breathtaking Mont Saint-Michel, an iconic medieval hamlet clustered on a tiny island.
- Cherish the village's marvelous Benedictine abbey, perched atop the islet's bluffs.
- Climb more than 365 steps to reach the abbey's church, whose striking spire pierces the sky.
- Delve into the monk's serene way of life with inside visits to the abbey's dining hall and refined cloister.
- Relish time at your leisure to wander and shop in the maze-like lanes of Mont Saint-Michel.

DESCRIPTION

Revel in spectacular island-bound Mont Saint-Michel, one of the world's most photographed villages and a UNESCO World Heritage site. Drive along Brittany's lovely countryside toward the Bay of Mont Saint-Michel, renowned for its dramatic tidal variance. Upon arriving on the rocky islet of Mont Saint-Michel, you'll uncover its history as a holy place after a bishop in the Middle Ages dreamed that the Archangel Michael appeared before him. Make your way uphill along winding cobblestone walkways lined with centuries-old homes before reaching the Benedictine abbey, a masterpiece of Norman architecture. Ascend at least 365 steps to reach the abbey's church, but you'll agree it's a rewarding effort as you gaze at a superb spire soaring more than 500 feet. Learn about the monk's daily lives within the abbey by visiting the dining hall and the beautiful Gothic cloister, which appears to be suspended between sky and sea. After your tour, you'll appreciate time on your own in the charming village of Mont Saint-Michel to explore its labyrinthine passageways, timeworn buildings and beguiling shops, an inspiring conclusion to your immersion in this medieval marvel.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes difficult and strenuous walking. There will be inclines and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns or who tire easily. Participants should be in good physical condition.

APPROX. DURATION:
6.0
HOURS

TOUR CODE:
SOA-001
FREE

TOUR TYPE
N/A

ACTIVITY LEVEL
AAA

OPTIONS
N/A

ST. MALO & MONTMARIN

HIGHLIGHTS

- Explore captivating Saint-Malo, a port town enriched by cod fishing and the transatlantic fur trade.
- Admire handsome granite buildings that testify to the city's immense wealth.
- See the impressive and unbroken stone ramparts encircling Saint-Malo.
- Stroll the pretty French and English gardens of 18th-century Montmarin, an exquisite summer estate.

DESCRIPTION

Tour the magnificent walled city of Saint-Malo and the glorious gardens of an 18th-century country estate on this enlightening excursion. You'll learn the captivating history of Saint-Malo, once a haven for pirates but also a vital staging point for voyages of discovery, including Jacques Cartier's fabled journey to Canada in 1534. Realize the city flourished from the ensuing fur trade as well as cod fishing, leading to a proliferation of elegant homes built by newly wealthy merchants and ship owners. During your guided walking tour, you'll see stately granite buildings lining tidy, stone-paved streets, as well as the towering ramparts built to repel outsiders seeking to plunder the town's considerable riches. After a scenic drive, you'll arrive at spectacular riverfront Montmarin, a 1760 summer residence built by one of Saint-Malo's well-to-do citizens. Relish a visit to the splendid grounds, divided into a French formal garden unchanged through the centuries and an English garden laid out in 1885. As you wander among age-old trees, alluring thickets, a rock garden and flowering borders, allow the quintessentially French genius for beauty wash over you.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour involves approximately two hours of walking. There will be some uneven ground to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. The visit to Montmarin is exterior (gardens) only.

APPROX. DURATION:

4.0
HOURS

TOUR CODE:

SOA-003
FREE

TOUR TYPE

N/A

ACTIVITY LEVEL



OPTIONS

N/A

ST. MALO AND MEMORIAL 39-45

DESCRIPTION

OVERVIEW

Browse a museum with extraordinary World War II exhibits and stroll the beach at St. Malo to a 17th-century fort that played a key role during the war. The Memorial 39-45 Museum contains all sorts of artifacts from the war, including weapons, soldiers' personal effects and historical objects that candidly present the harsh realities of the Second World War. The museum's name refers to the war years—from 1939 through 1945. The museum is in a converted German-built bunker, making the venue all the more relevant. In time, you will walk the beach towards Fort National, which is only accessible during low tide. Along the way, the guide will provide commentary that explains how the occupying Germans used the centuries-old fortress during the war. The guide will go into additional detail about St. Malo as you wander along the cobbled streets and ramparts of the walled city.

HIGHLIGHTS

- Peruse intriguing World War II exhibits in a museum housed in a wartime concrete bunker.
- Stroll the beach at St. Malo and hear how the 17th-century fort was used in World War II.
- Meander through the walled city of St. Malo, which was essentially rebuilt after the war.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

PLEASE NOTE

This tour includes approximately 2 hours of moderate walking/standing; there will be some steps and narrow corridors and some uneven surfaces and walking on a beach. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.

APPROX. DURATION:

3.5
HOURS

TOUR CODE:

SOA-008

TOUR TYPE

N/A

ACTIVITY LEVEL



OPTIONS

N/A

SCENIC SAINT-MALO

HIGHLIGHTS

- Explore captivating Saint-Malo, a port town made affluent by cod fishing and the transatlantic fur trade.
- Admire handsome granite buildings that testify to the city's immense wealth.
- See the impressive and unbroken stone ramparts encircling Saint-Malo.
- Appreciate time on your own to find a memorable souvenir or explore Saint-Malo's cobbled streets.

DESCRIPTION

Wander among the remarkable landmarks of prosperous Saint-Malo during a guided walking tour. You'll learn the captivating history of this eye-catching city, once a haven for pirates but also a vital staging point for voyages of discovery, including Jacques Cartier's fabled journey to Canada in 1534. Discover the city flourished from the ensuing fur trade as well as cod fishing, leading to a proliferation of elegant homes built by newly wealthy merchants and ship owners. During your walking tour, you'll see stately granite buildings lining tidy, stone-paved streets and gaze at the city's superb cathedral, where the remains of Cartier are kept. Appreciate an opportunity to stroll atop the seemingly impenetrable ramparts, built to repel outsiders seeking to plunder the town's considerable riches. During time at your leisure, you might shop in the town's alluring boutiques or simply soak up the historical ambiance of magical Saint-Malo.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour consists of approximately two hours of sometimes-strenuous walking. There will be uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns.

APPROX. DURATION:

2.0
HOURS

TOUR CODE:

SOA-004
FREE

TOUR TYPE

N/A

ACTIVITY LEVEL



OPTIONS

N/A

PICTURESQUE DINAN

HIGHLIGHTS

- Tour the wonderfully maintained medieval landmarks of Dinan, including its impressive ramparts.
- Gaze at the 15th-century Tour de L'Horloge, a delightful asymmetric clock tower.
- Examine the Romanesque and Gothic details of the lovely Saint-Sauveur Church.
- Travel back to the Renaissance among the half-timbered buildings lining Place des Merciers.
- Enjoy time on your own to find a perfect memento or settle into a cozy café along the inviting riverfront.

DESCRIPTION

Marvel at the stunning medieval and Renaissance architecture of Dinan, one of the best-preserved villages in Brittany. Enjoy a guided walking tour of this remarkable hamlet, which straddles the banks of the Rance River and boasts a maze of cobblestone streets bursting with historical character. As you wander along atmospheric lanes, discover the city is famed for its remarkably maintained ramparts, imposing defensive towers and alluring churches. View the superb Saint-Sauveur Church, a Romanesque and Gothic sanctuary that marks the center of the town, and the Tour de L'Horloge, a soaring 15th-century tower featuring a large clock and an enchanting asymmetric profile. Facing picturesque Place des Merciers, see some of Dinan's most attractive overhanging half-timber houses, whose haphazardly sloping roofs, windows composed of multiple small panes and contrasting beams and plasterwork epitomize the French Renaissance. During time at your leisure, you might lose yourself in the warren of streets or stroll the picturesque riverfront, where inviting bistros and cafés housed in stone buildings offer a perfect opportunity to relax and contemplate the wonders of Dinan.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Dress conservatively for a religious venue - shoulders and knees must be covered.

DISCLAIMER:

This tour includes approximately 3 miles of walking over cobbled surfaces and up inclines. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

APPROX. DURATION:
3.5
HOURS

TOUR CODE:
SOA-002
FREE

TOUR TYPE
N/A

ACTIVITY LEVEL

OPTIONS
N/A

LA BALLUE GARDENS, CANCALE & OYSTER TASTING

HIGHLIGHTS

- Browse a 20th-century formal garden that perfectly complements a 17th-century château.
- Gain an understanding of how Cancale's famed shellfish are cultivated at an oyster farm.
- Sample the flavorful oysters, followed by a meandering walking around Old Town Cancale.

DESCRIPTION


Meander through the botanical paradise La Ballue Gardens before heading to Cancale, a seaside village where oysters have been cultivated for centuries. Although the gardens are relatively new, they surround a 17th-century château and couldn't be more harmonious. As you stroll the gardens' natural paths, you will see meticulously manicured topiary, a maze of hedges and an arbor of conifers that forms a delightful green tunnel. La Ballue Gardens is an enchanting setting that will leave you immensely relaxed and ready for your immersion into the fascinating oyster industry that has become synonymous with Cancale. Besides stopping in an oyster farm to see the succulent shellfish lying in the tidal beds, you will sample the intensely flavored oysters. They are typically served raw with little more than a squeeze of fresh lemon. Afterwards, you might stretch your legs with a leisurely walk through Old Town Cancale, whose architectural gem is the Saint Méen Church.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

DISCLAIMER:

This tour includes approximately 3 hours of moderate/strenuous walking/standing. Guests will need to manage flat, uneven and cobblestones surfaces. There will be some steps while exploring Cancale. Any additional walking will be at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
7.25 HOURS	SOA-006 \$149.00	N/A		N/A

THE FASHION OF CHRISTIAN DIOR

HIGHLIGHTS

- Browse the collection of trendsetting Christian Dior fashions in his namesake museum
- Shop for Dior fragrances and other merchandise in the museum's boutique.
- Spend hours in the historical center of Granville, the seaside town where Dior was born.

DESCRIPTION


Unleash your inner fashionista by delving into the world of Christian Dior, starting at his childhood home in Granville, which has been converted into a museum entirely dedicated to the celebrated couturier. While browsing the seaside museum, you will discover much about Dior's professional life and revolutionary designs, many of which will be displayed in the ever-changing exhibitions. Dior's genius for design extended into fragrances, which you might purchase in the museum shop, along with books on fashion and Dior gifts. Later, you will meander through the historical center of fortified Granville, a town nicknamed the "Monaco of the North" because it also perches atop a dramatic rocky headland. Life in Granville revolves around the sea and regardless of where you wander the views should be spectacular. If you choose to dine on your own, seafood will be an excellent choice as Granville is the top port in France for shellfish.

HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

DISCLAIMER:

This tour includes approximately 2 hours of moderate walking/standing. Guests will need to manage flat and cobblestones surfaces. There will be approximately 20 steps at Atelier Dior. Any additional walking will be at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
7.0 HOURS	SOA-007 \$129.00	N/A		N/A

GENERAL INFORMATION

WHATS IS INCLUDE?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.