

OPTIONAL SHORE EXCURSIONS

LORIENT, FRANCE

Welcome Ashore!

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey. Peace of mind knowing that your excursions are monitored by the ship's staff. A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port. Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

SHORE EXCURSIONS

CHARMING QUIMPER

HIGHLIGHTS

- Enjoy a leisurely journey to Quimper, a Renaissance city that exemplifies Brittany's golden age.
- Uncover the town's pristine historical legacy on a guided walking tour.
- Gaze at the twin soaring spires of Saint-Corentin Cathedral, a Gothic masterpiece.
- Delight in the hodgepodge of half-timbered, granite and gabled buildings lining the stone-paved lanes.
- Examine tempting merchandise at the town's central market daily, except on Sundays.
- Wander on your own during free time and perhaps shop for Quimper's famed pottery.

DESCRIPTION

Savor an excursion to très belle Quimper, an alluring town nestled in a scenic valley at the juncture of the Steïr and Odet rivers. Enjoy a picturesque drive through Brittany to the historic center of Quimper, where you'll commence a guided walking tour. Marvel at the Saint-Corentin Cathedral, whose ornately carved twin spires dominate the town's skyline. You'll learn the Gothic sanctuary was constructed between the 13th and 16th centuries, with its spires and exquisite stained glass windows added after its completion. In the remains of the city's wall, discover a circular watch tower that dates back to the 14th century. You'll appreciate how Renaissance half-timbered houses and tradesmen's storefronts sit side by side with aristocratic mansions, giving the town an eclectic yet historically congruent air. As you explore the city, delight in the many flower-adorned pedestrian bridges crossing the town's waterways, and on every day except Sunday, browse a bustling market in the center of town. With free time for exploration, immerse yourself further into Quimper's alluring streets, perhaps shopping for the ceramics that are one of the town's many siren songs.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately 1 1/2 hours of moderate walking. There will be uneven surfaces and steps to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary. In the event of religious ceremonies in progress, interior cathedral visits will be impossible. Travel time to Quimper is just over one hour in each direction.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
4.5	LOR-008	N/A	4	N/A
HOURS	FREE		^	

SHUTTLES TO TOWN

DESCRIPTION

To ensure that your shoreside experiences are as convenient and enjoyable as possible, we are delighted to offer a complimentary shuttle between your ship and the city center in every port where the ship is not docked within walking distance of the city center. This service runs continuously, aligning perfectly with your ship's in-port schedule. Best of all, there's no need to reserve your seat in advance. Simply make your way to the designated stop to board your shuttle, and you'll be whisked away to the heart of the city. Additional information and schedules can be obtained by visiting the onboard Destination Services Desk during your voyage.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
0.0 HOURS	LOR-STT FREE	N/A	*	N/A
HOORS				

MAGNIFICENT JOSSELIN CASTLE

HIGHLIGHTS

- Delight in a walking tour of Josselin, a lovely Renaissance village boasting quaint half-timbered homes.
- View the austere Romanesque Chappelle Sainte-Croix and ornate Basilica Notre-Dame du Roncier.
- Rejoice in the magnificent Château de Josselin, a beautifully preserved castle owned for centuries by the same family.
- Study the graceful conical towers and ornate granite carvings adorning the château's exterior.
- Enjoy time on your own to wander the castle's meticulously maintained gardens.

DESCRIPTION

Explore the beautiful medieval town of Josselin and its striking castle on this lovely tour. You'll enjoy a scenic drive into the heart of the Porhoët region, one of Brittany's most alluring landscapes. Arriving in Josselin, commence a guided walking tour of this charming village and its wonderfully historic homes, many of which date back to the 16th and 17th century. You'll see the superb Basilica Notre-Dame du Roncier, the Romanesque Chappelle Sainte-Croix and visit the fairy-tale Josselin Castle. Marvel at the impressive château, a ducal residence held by the Rohan family for over ten centuries. Examine the wonderful Gothic façade and three remaining towers out of the original four that overlooked the Oust River. Along the castle's walls, seek out extraordinary granite carvings, many of which incorporate the letter "A" as a tribute to the much-loved Duchess Anne of Brittany, who presided over the region's Golden Age of the Renaissance. Luxuriate in free time to stroll the magnificent gardens and appreciate the Rohan family's remarkable, centuries-long stewardship over their magnificent home.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately 1 ¼ hours of moderate walking. There will be some steps and uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
4.5	LOR-001	N/A	4	N/A
HOURS	FREE		^	

HISTORIC VANNES

HIGHLIGHTS

- Delve into the Old Quarter of Vannes, a walled district that overflows with Renaissance charm.
- Experience a walking tour along streets lined with half-timbered and gabled houses.
- See a 12th-century marketplace and the splendid Gothic Saint Peter's Cathedral.
- Gaze in awe at the marvelous fairy-tale homes encircling Place Henri IV.
- Appreciate additional time to explore and shop this mesmerizing town on your own.

DESCRIPTION

Journey to Vannes, one of the Brittany coast's premier holiday destinations due to its outstanding Old Quarter and advantageous location at the head of the beautiful Gulf of Morbihan. After a lovely drive along serene roads, you'll arrive at this intriguing city, which was laid out in the shape of an amphitheater. Embark on a walking tour of the walled Old Quarter, whose well-preserved ramparts wrap around a maze of mostly pedestrian-only streets lined with half-timbered Renaissance homes straight out of a French storybook. Pass La Cohue, an alluring marketplace dating to the 12th century, and the 13th-century Saint Peter's Cathedral, an excellent example of Gothic religious architecture. As you stroll beside colorful gardens and elegant shops housed in what were once mansions, you'll come upon the exquisite 16th-century gabled houses that line Place Henri IV. Savor time at your leisure to browse the tempting shops or capture photographs of the Old Town's extraordinary edifices, whose whitewashed plaster and brightly painted timber contrast with magical effect.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately 75 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina and may make arrangements with the guide not to participate in the guided walking portion of the tour. The order of sites viewed or visited may vary. In the event of religious ceremonies in progress, interior cathedral visits will be impossible. Travel time to Vannes is approximately one hour by coach in each direction.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
4.0	LOR-003	N/A	ķ	N/A
HOURS	FREE			

THE CARNAC MEGALITHS & SAINT-GOUSTAN

HIGHLIGHTS

- Enjoy a panoramic coach drive through Lorient, often called the City of Five Ports.
- Gaze at countless menhirs, Neolithic stones placed upright, at the prehistoric site of Carnac.
- Examine the inscrutable configuration of the Le Menec, Kermario and Kerlescan menhir groupings.
- Revel in the superb hamlet of Saint-Goustan, site of Benjamin Franklin's epochal 1776 arrival in France.
- Celebrate time at your leisure to further uncover the Renaissance delights of Saint-Goustan.

DESCRIPTION

Step back into ancient history while exploring an awe-inspiring megalithic site, then leap forward to the Renaissance in the splendid town of Saint-Goustan. Begin your journey with a panoramic tour of Lorient, known as the City of Five Ports, before settling in for a scenic drive to the prehistoric wonder of Carnac. During a guided tour, behold more than 3,000 freestanding, massive stones placed during the Neolithic era. You'll view the cryptically aligned menhirs of Le Menec, Kermario and Kerlescan, hundreds of stones carved into tall obelisk-like shapes that are outstanding examples of the hand-hewn monuments erected by the pre-Celtic population of Brittany about 5,000 years ago.

After departing, you'll pass the seaside village of La Trinité-sur-Mer, where ocean-going sailboats bob in one of Brittany's largest marinas. Enjoy time at your leisure in ravishing Saint-Goustan, a stunning harbor town whose riverfront is awash in half-timbered houses and cheerful cafés occupying perfectly preserved stone buildings. As you stroll the atmospheric streets during free time, perhaps retrace the steps of Benjamin Franklin, who changed the course of history when he landed here on a stormy day in December 1776 to seek France's aid in the American Revolutionary War.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately 1½ hours of extensive walking. There will be uneven ground and a steep slope to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns.

Participants should be in good physical condition. The order of sites viewed or visited may vary.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
4.75	LOR-004	N/A	44	N/A
HOURS	FREE		^^	

CONCARNEAU & PONT-AVEN

HIGHLIGHTS

- Delve into the inviting island-bound 14th-century walled quarter of captivating Concarneau.
- Wonder at the enchanting hamlet of Pont-Aven, muse to Gauguin and countless other artists.
- Enjoy a walking tour through the pristine village, which sits on the lush riverbanks of the Aven River.
- Relish free time to roam among the town's remarkably preserved granite and whitewashed homes.

DESCRIPTION

Discover the popular resort town of Concarneau, one of France's largest fishing ports, and the artist's haven of Pont-Aven on this delightful tour. In bustling Concarneau, you'll visit the well-preserved 14th-century walled city, which rises from a small island in the center of the harbor. As you stroll the stone-paved streets of this compact yet enthralling quarter, you'll understand why this is one of the most photographed locales in Brittany. Wend along picturesque country byways to the impossibly quaint village of Pont-Aven, which straddles the estuary of the Aven River. Learn the old local saying that states "Pont-Aven has fourteen mills and fifteen houses," which attests to an early source of the town's prosperity. Immerse yourself in the unspoiled hamlet, once home to a colony of artists led by Paul Gauguin, who brought fame to the town at the end of the 19th century through the work of the influential school of painting known as L'École de Pont Aven. During time on your own, stroll beside the village's verdant riverbanks and find your own inspiration among the tidy Renaissance houses festooned with vibrant blooms.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately two hours of moderate walking. There will be steps and uneven surfaces to negotiate. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary. In the event of religious ceremonies in progress, interior cathedral visits will be impossible.

APPROX. DURATION:	TOUR CODE:	TOUR TYPE	ACTIVITY LEVEL	OPTIONS
4.5	LOR-002	N/A	*	N/A
HOURS	FREE			

THE WALLED CITY OF CONCARNEAU

HIGHLIGHTS

- · Appreciate a guided walking tour of Concarneau's wonderfully maintained island-bound walled quarter.
- Admire the intact ramparts enveloping the entire island.
- Take in sweeping views of Concarneau and boats flitting about the bay from one of the rampart's turrets.
- Delight in granite homes overflowing with character lining the stone-paved streets.
- Relish time at your leisure to shop, visit a museum or delve further into intriguing Concarneau.

DESCRIPTION

Survey an alluring fortified islet in the town of Concarneau on this captivating walking tour with time on your own. You'll visit Concarneau's well-preserved 14th-century walled Old Quarter, which rises from a small island in the center of the harbor. As you stroll the stone-paved streets of this compact yet enthralling quarter during your guided walking tour, you'll understand why this is one of the most photographed locales in Brittany. On the island's outer rims, view imposing ramparts interspersed with picturesque turrets that provide marvelous views of Concarneau and its bay, and in the town's inviting lanes, pass stately granite homes accented with brightly-hued shutters. During time at your leisure, you might browse one of the many appealing boutiques occupying historic homes, uncover the secrets of Brittany's seafaring folk at the Musée de la Pêche or simply relax on one of the many inviting benches scattered around the quaint squares and battlements. Wherever you choose to wander, you'll rejoice in the authentic Renaissance atmosphere of charmed Concarneau.

HELPFUL HINTS

- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

DISCLAIMER:

This tour includes approximately 1 ¼ hours of moderate walking, plus an additional walking at the guest's discretion during free time. There will be steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The order of sites viewed or visited may vary.

APPROX. DURATION: 4.0 HOURS	TOUR CODE: LOR-006 FREE	TOUR TYPE N/A	ACTIVITY LEVEL	OPTIONS N/A

GENERAL INFORMATION

WHATS IS INCLUDE?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For
 more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arrange or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Not withstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.