



# Tour Program

SILVER DAWN DA260611010 / 10 DAYS

June-11-2026 / June-21-2026

Copenhagen, Denmark / Copenhagen, Denmark



Date	Arrive	Depart
11	Copenhagen, Denmark	7:00 PM
12	Day at sea	
13	Bergen, Norway	8:00 AM 6:00 PM
14	Ålesund, Norway	8:00 AM 5:00 PM
15	Trondheim (Trondelag), Norway	8:00 AM 5:00 PM
16	Morning Seminars and Åndalsnes, Norway	8:00 AM 5:00 PM
17	Olden, Norway	8:00 AM 5:00 PM
18	Vik, Norway	8:00 AM 6:00 PM
19	Day at sea	
20	Skagen, Denmark	8:00 AM 6:00 PM
21	Copenhagen, Denmark	7:00 AM

# General Information

## ORGANISED SHORE EXCURSIONS

Booking Direct with Silversea gives you peace of mind. Our local tour operators are fully insured and have been comprehensively vetted. In the unlikely event of issues with a Silversea tour, we assume responsibility and the ship will wait for our delayed shore excursion. These are important factors when comparing value. Please bear in mind as we traverse many far reaching destinations, the local infrastructure varies and is beyond our control. Road conditions and vehicles available locally may not be up to standards we are accustomed to. Guides and drivers may speak with a heavy accent at times depending on the port of call. Be assured however that at Silversea, we contract only the best tours and best operators available at each destination. Please Note: Silversea reserves the right to make any changes or modify a tour in case of unforeseen circumstances and/or to ensure the safety and comfort of our guests.

## BOOKING & CANCELLATION DEADLINES

Shore Excursions are available on a first-come, first served basis. Guests should note that some shore excursions are very popular with guests and often ending up being waitlisted. In order to avoid disappointment, it is therefore suggested to book in advance via [my.silversea.com](http://my.silversea.com) until 48 hours prior to sailing. Last-minute requests to participate in excursions are subject to availability, which in some cases may not be determined until departure time pier-side. If changes or cancellations are required once onboard, tickets must be returned to the Shore Concierge Desk within the cancellation deadline. For our selected Shore Excursions Tickets returned after the cancellation deadline will be charged 100% cancellation fee to the guest's onboard account. Cancellation deadlines for the majority of our shore excursions is 48hrs prior to the port of call. Please note that certain shore excursions might have a different cancellation deadline; all cancellation deadlines are stated in the please note section of the shore excursion, booking form and shore excursion tickets.

## ONLINE ADVANCE RESERVATION OF SHORE EXCURSIONS

Silversea operates an online reservation option, allowing guests to reserve their shore excursions at leisure prior to their cruise. In order to access this, please log on to MySilversea ([my.silversea.com](http://my.silversea.com)) up to 48 hours prior to your sail date. If you have reserved your shore excursion online, you will receive further information upon embarkation onboard.

## SHORE EXCURSION DEPARTURES TIMES

Departure times are published in the ship's daily newspaper, the Silversea Chronicles and on shore excursion tickets. When the ship is at anchor, guests must allow additional time to tender ashore. Silversea Cruises reserves the right to adjust itineraries and shore excursion departures as local conditions dictate.

## ON BOARD RESERVATIONS

You may also reserve and purchase your shore excursions. You will find a shore excursion booking form in your suite and at the Shore Concierge desk. Select the shore excursions in which you wish to participate, then leave the completed and signed form at the Shore Concierge desk prior to the booking deadline indicated. Shore Excursion tickets will be delivered to your suite and your selected excursions charged to your shipboard account. Overland and exclusive excursions must be pre-paid by credit card through your reservation agents. If still available they may also be purchased on board. Shore excursions require a minimum number of participants in order to operate as described. If this minimum number is not met, Silversea reserves the right to offer the programme at a different rate or to cancel the specific departure.

## SHORE EXCURSION PRICING

Prices are generally quoted per person, per tour, with the exception of Silver Shore Privato or group-designated excursions. Prices are subject to change without notice. Please visit MySilversea ([my.silversea.com](http://my.silversea.com)) for the most up-to-date information. Please note that prices for Shore Excursions are quoted in U.S.Dollars only. Discounts for children under 12 years of age are available on some, but not all tours. Prices for children, if available, will be adjusted onboard. Please see the Shore Concierge team prior to your excursion to discuss the availability of children's pricing.

## SHORE EXCURSION DEPARTURE TIMES

As a courtesy to fellow guests, shore excursion departures generally will not be announced unless there is an unforeseen change. Departure times from the ship are published in the ship's daily newspaper, the Silversea Chronicles and on shore excursion tickets. Guests are kindly requested to proceed ashore at least 10-minutes prior to the shore excursion departure time. The Shore Concierge team will be pierside to direct you to the appropriate transportation. When the ship is at anchor, guests must allow additional time to tender ashore. Silversea Cruises reserves the right to adjust itineraries and shore excursion departures as local conditions dictate. Please note that approximate pier departure times are also listed in MySilversea ([my.silversea.com](http://my.silversea.com)).

## SHORE EXCURSION SUITABILITY

Silversea offers a broad range of activities for our guests of all physical capabilities. However, certain excursions are more appropriate for physically fit and active guests. All excursions offered are clearly identified with an activity level to assist you. We also offer a good variety of Accessible Shore Excursion worldwide (according to the ports availability and local structure) that are designed for guests unable to negotiate motor coach steps or for full time wheelchair/scooter users. The vehicle used on this type of shore excursion is adapted with an access ramp (or lift where available) to accommodate a limited number of mobility devices. In order to use the ramp and/or lift, guests are required to be seated on a wheelchair or scooter. For your safety and enjoyment and that of your fellow guests, please be certain to select excursions that meet your physical capability. We therefore encourage guests to review the excursion description carefully including the PLEASE NOTE section which includes useful information. Silversea also offers Destination Experience Briefings onboard. If you have any questions or concerns regarding shore excursion suitability, please contact the Shore Concierge ([shoreconcierge@silversea.com](mailto:shoreconcierge@silversea.com)) prior to your cruise or visit the Shore Concierge desk for more detailed information once onboard.

## ON LAND – DESTINATION EXPERT SERVICES

Our dedicated Destination Experts are available to assist guests with in-depth destination knowledge and the personalised planning of tailor-made experiences. Whether you're looking for cultural immersions, exclusive excursions, scenic flightseeing, or curated water-based activities, our experts will work with you to craft the ideal programme to suit your preferences. This bespoke service is designed for guests seeking thoughtfully arranged, personalised itineraries rather than independent exploration. Requests should be submitted no later than 15 days prior to sailing, and guests must have a deposited or fully paid booking. Please note that confirmed, exclusive programmes are subject to strict cancellation policies.

To begin planning your custom experience, email our Destination Experts at [destinationexpert@silversea.com](mailto:destinationexpert@silversea.com) and include your booking number. Our team is available Monday through Friday to help you create truly memorable on-shore moments.

## ONBOARD SHORE CONCIERGE TEAM

Whether you wish to participate in an organised shore excursion or tailor-made shore excursion, Silversea's experienced Shore Concierge team are happy to assist you to plan the best shore-side experiences with knowledgeable suggestions, personalized planning for sightseeing, water sports, golf and more. The Shore Concierge team is available onboard on sea days from 9:00 a.m. to 12:00 noon and from 3:00 p.m. to 7:00 p.m. Office opening hours in port may vary whilst staff is shore-side assisting those on excursions. Please refer to the Silversea Chronicles for daily office opening hours. Once onboard, those considering a bespoke excursion should contact the Shore Concierge team at their earliest possible convenience, as time may be a factor in reaching local contacts. Please be aware that once arrangements are confirmed they are non-refundable.

## DESTINATION EXPERIENCE BRIEFINGS

Throughout the voyage the Shore Concierge Manager and Destination Consultant will offer port and shore excursion information prior to arrival in each port of call. Their aim is to give you a travel experience that goes beyond the ordinary and answer as many of your questions as possible. The information is presented in the theatre or is pre-recorded and played on your in-suite entertainment system, and will allow more time to enjoy and immerse yourself in each port.

## SILVERSEA SHUTTLE SERVICE

Complimentary transportation may be provided by Silversea when the local town is beyond a reasonable walking distance from the port. This service may not be possible in ports where a strong taxi union exists, preventing Silversea from providing a complimentary shuttle. The availability and schedule for this service will be announced onboard and listed in the Silversea Chronicles. We are not able to advise this in advance. Operationally, intervals between shuttle bus departures could be affected by local traffic. Silversea is not liable for any unforeseen delays. There will be a break in service for driver meal times. Shuttle service is offered during the day only. The shuttle service is designed to augment local transportation; guests requiring more flexibility may prefer not to wait for a shuttle and secure a taxi at their own expense.

## CHILDREN ON TOUR

To ensure the safety of our younger guests, participation by children in certain shore excursions may be restricted. Children up to the age of 8 years old are only permitted to participate in suitable Silver Shore Excursions and the shuttle service if the vehicles are equipped with the correct safety harness and seating equipment. Such harnesses' and secure seating cannot be guaranteed. Alternately, guests may use their own approved safety seat, booster seat or harness as long as they are compatible with the local touring vehicle and can properly secure the young guest. Silversea reserves the right to refuse children under the age of 8 years old on any tour on the basis of safety.

## VIDEO/PHOTOGRAPHY CHARGES

Please note that photography at some museums, sites and monuments and/or the use of video cameras may not be allowed or may incur a charge. These charges are not included in the tour price and are at guests' own expense. Further details will be in the detailed shore excursion description and please note section. Please ensure to review these in detail prior to departing on your shore excursion.

## SHOPPING STOPS

While our organised excursions are not generally geared to the serious shopper, some shore excursions allow for short shopping stops as indicated in the shore excursion description. In the interest of all participants, guests should adhere to the allotted time and return to the tour vehicle promptly as advised by the tour guide or ship's escort. Please Note: The selection of shops is generally left to the discretion of the tour operator. Silversea does require that establishments be

reputable, of general interest to our guests and offer quality goods. However, all purchases are the responsibility of the individual.

# Activity Level and Icon Definition



## Minimal Activity

Excursions are easily paced without the need for excessive walking or physical activities. Being able to board motor coaches and negotiate steps can be encountered.



## Moderate Activity

Full participation requires being in good physical condition and may involve inclines, steps, uneven surfaces and/or extended periods of standing.



## Moderate Mobility Issue

Tours recommended for guests able to walk short distances, can navigate the steps of a motor coach and at venues, and/or travel with a standard size manual collapsible wheelchair or scooter, (able to fit in the motor coach luggage compartment).



## Wheelchair Accessible

Designed for guests unable to navigate motor coach steps. This level is ideal for full time wheelchair/scooter users, slow walkers, and their party. The vehicle on this type of tour has an access ramp (or lift where available) to accommodate a limited number of mobility devices. These tours are entirely step-free with shorter walking/rolling distances.



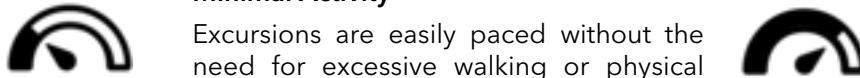
## Beach

Unwind and enjoy pristine beaches or exclusive coastal locations - perfect for relaxation of water-based activities.



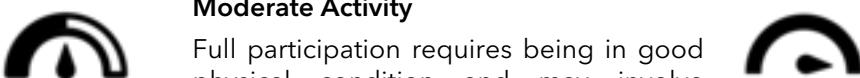
## Nature

Discover the natural beauty of each region, from serene landscape to thrilling outdoor explorations in the unspoiled environments.



## Extensive Activity

Active excursions are recommended only for those guests in good physical health, with considerable amounts of physical activity.



## Adventure Tour - Physically fit

Active excursions are recommended only for those guests in good physical health, with considerable amounts of physical activity.



## Evening Excursion

The excursion is taking place in the evening.



## Limited Space Available

Please be aware that there is only limited space available on this tour. Places are delivered on a first come first served basis.



## New Excursion

This shore excursion is brand new to Silversea.



## Meal Included

A meal is included in the excursion.



## Culinary

Indulge in the local flavors and gastronomic traditions with curated food experiences that offer a deeper understanding of regional cuisine.



## Culture

Immerse yourself in the history, art, and traditions of each destination through expertly guided tours and exclusive access to cultural sites.



### Wellness

Relax and revitalize with bespoke wellness experiences that focus on personal well-being, from lavish spa treatments to meditation sessions.



### Active

For the adventurous traveler, enjoy high-energy activities designed to get the heart pumping while exploring new destinations.



### "S.A.L.T."

Discover the soul of the destination through the lens of food with tailored culinary experiences that unlock the culinary culture of each place.

JUNE 13 2026, SATURDAY

# Bergen - Norway

## HIGHLIGHTS EXPERIENCES

### BGO-004 / Trek On Top of Bergen

Difficulty

Price: \$199 - Duration: 3.50 hr(s) Start 8:30 AM



Experience Bergen from above as you hike along Mount Fløyen with trails leading you through the woods, past lakes and to panoramic views of the city.

#### Mount Fløyen Funicular

Begin your trek with a walk past Haakon's Hall, St. Mary's Church and Bryggen, on the way to Mount Fløyen funicular. You will take the funicular to the mountain top, 320 meters above sea level, where you will have a spectacular view of Bergen.

#### Mount Fløyen Hiking Trail with Norwegian Treats

Explore the off beaten track taking you through forested areas, past lakes and to some higher mountain areas with views of the city, ocean surrounding it, and the many islands nestled below. Your local guides will share stories with you about the Norwegian culture and their love for nature, as well as the history of the area and life in Bergen. Enroute, you will be treated to some typical Norwegian tastes.

**Please note: It is recommended to wear layered clothing and comfortable hiking boots/shoes. The trek covers approximately 5 km on dirt/gravel path, uneven terrain with gradual slopes and can be slippery. This tour involves an extensive amount of physical activity. The route will be tailored to the group. Visibility of sights may be affected in adverse weather conditions. Comfort stop available at the top of the mountain near the funicular.**

### BGO-010 / Threads Of Tradition: A Knitting Heritage Tour

Difficulty

Price: \$159 - Duration: 3.00 hr(s) Start 1:00 PM



If you've ever wondered what knitting machines look and sound like, or how they manage to create socks and scarves on an industrial scale, this unique excursion will answer those questions and more. Just settle in for a scenic half-hour coach drive north from Bergen as we head for the quaint fjordside village of Salhus, and the historic Salhus Tricotagefabrik knitting factory museum.

This sprawling white complex, the dominant feature of the small town's skyline, hummed with activity from 1859 to 1989 and now serves as a working demonstration showplace celebrating Norway's rich textile production heritage. The factory's period atmosphere endures; you can even catch hints of the distinct smells left behind from decades of production.

A captivating short film lays out the history of Norwegian knitting and sets the stage for your guided walk through the factory floor as you learn about the various production stages, from carding and spinning to winding, knitting, and sewing. And watch the machines in action as they make some of the beautifully crafted knitwear you'll see for sale later in the museum shop.

Your visit also includes a relaxing coffee break to enjoy complimentary Norwegian pastries and coffee or tea in the cozy museum café before returning to Bergen \ perhaps with a lovely piece of Norway to bring home with you.

**Please note: This moderate excursion includes approximately 1,600 ft / 500 m of walking, periods of standing, and the navigation of one flight of stairs. A small elevator is available for those with mobility challenges. The guided portion of the visit covers two of the factory museum's four floors; the remaining two floors can be explored optionally during free time at**

**the venue. Guests must be able to board the coach on their own, and wheelchair-friendly buses may be arranged by advance request. Wear casual clothing and comfortable walking shoes. The order of activities may vary.**

## BGO-011 / Bergen by E-Bike

Difficulty



Price: \$119 - Duration: 3.25 hr(s) Start 9:15 AM and 12:45 PM

One of the most immersive ways to get to know a European city is to explore it by bicycle \ and if you're on a drive-assisted cycle, all the better. This guided e-bike excursion takes to the streets, byways, and hills of Bergen to provide an invigorating introduction to many of its must-see sights and vantage points.

Your e-bike outfitter is just 5 minutes from the pier. In no time, you'll be fitted, geared up, and ready to head out with your guide to explore the 'city of seven hills.' While the exact duration of the ride can vary based on the collective physical capabilities of the group, it typically covers about 6.25 miles (10 km) in roughly 2.5 hours \ with stops taken for photos and awe at key locations en route.

You'll visit the monument to Madam Felle (a heroine of beer lovers everywhere) in Sandviken, catch epic fjord and city overviews along Fjellveien, and pause at the landmark Skansen Firestation (1860) for an unmissable photo op. Coasting by St. Mary's Church takes you back a lot further in history, to around the year 1150, while a spin around the imposing Bergenhus Fortress gives a sense of the political and military power Bergen commanded in the centuries when it was Norway's capital and largest city.

Your cycling survey concludes back at the pier, where you return the gear and get ready to share stories over dinner of the discoveries you encountered while two-wheeling in Bergen.

**Please note: This adventurous guided excursion involves about 2.5 to 3 hours of cycling on e-bikes through hilly areas. Total distance covered is approximately 6.25 mi / 10 km. Participants must be in good physical condition and able to comfortably ride a bike. Bring a water bottle and your preferred sun protection; wear comfortable weather-appropriate clothing and flat closed-toe shoes. The duration of the tour may vary based on the group's capabilities, and the list and sequence of sights seen may vary.**

## BGO-012 / Bergen during WWII

Difficulty



Price: \$229 - Duration: 6.50 hr(s) Start 9:00 AM and 10:15 AM

The Norway coast was strategically important to German occupying forces during World War II. This comprehensive guided excursion explores several sites in and around Bergen that were key to the region's challenging \ and often heroic \ wartime experiences.

### Bergenhus Fortress & Festning Museum

Your day begins with a short walk from the pier to the grounds of Bergenhus Fortress, the city's landmark bastion used by the Germans as their western headquarters during WWII. On the grounds, pay your respects to the statue of King Haakon VII, the Norwegian monarch who shepherded the country through the difficult war era from exile in the UK. Inside the Bergenhus Festning Museum, explore photographs and film clips showcasing the valiant Norwegian Resistance movement and the bravery of the people of Bergen.

### Gestapo Museum

Take a ride by coach to the Gestapo Museum in the heart of the city. The essential story of this chilling venue is told inside its prison cells, where chiseled messages cover the walls from floor to ceiling \ authentic inscriptions left behind by tortured prisoners during WWI, then later by Norwegian traitors and German war criminals locked in the same cells after the war.

### North Sea Traffic Museum in Telavåg

After a light lunch of traditional creamy Bergen Fish Soup served at a local restaurant, reboard the coach for an hour-long narrated drive past other war-related sites en route to the North Sea Traffic Museum in Telavåg, a tiny fishing community along the North Sea coast. Locals here played an outsized role in helping the Norwegian Resistance maintain communication with Allied forces in Scotland and coordinate vital supply drops to aid in the fight for freedom. Learn of their bravery and the steep

price Telavåg paid for it. After your visit, the excursion's final hour is spent enjoying the watery landscape as we drive back to Bergen.

**Please note: This moderate excursion involves about 1 mi / 1.6 km of walking over paved and cobbled surfaces and uneven natural terrain, with periods of standing throughout and stairs to be negotiated at the Gestapo Museum. The excursion is not suitable for those who utilize a wheelchair or have limited mobility. A light lunch of traditional creamy Bergen Fish Soup will be served. Wear comfortable weather-appropriate clothing and walking shoes. Consider bringing sun protection and a rain jacket/umbrella in case needed. This excursion may operate in reverse order.**

## BGO-012 / Bergen during WWII GROUP 11978-25

Price: \$229 - Duration: 6.50 hr(s) Start 10:15 AM

Difficulty



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## BGO-A / Scenic Bergen (INCLUDED)

Duration: 2.00 hr(s) Start 10:00 AM and 2:00 PM

Difficulty



On this introduction to Bergen you will see all the highlights of this lovely city, known as the Gateway to the Fjords. This UNESCO World Heritage city has the ideal combination of nature, culture and exciting urban life.

### Bergen Scenic Drive

Your scenic drive will take you to the southern residential areas, passing the Royal Residence, Gamlehaugen; Grieghallen, the modern concert hall named after Norway's great composer Edvard Grieg; and the Bergen Theater.

### Hanseatic Bryggen

Continuing on, drive past the fish market and the narrow streets of Hanseatic Bryggen with houses dating back to 18th century. The original buildings were destroyed in a fire in the beginning of the 18th century and were rebuilt in the same style as the former buildings from 1350. Your guide will take you on a journey back in time, where you will learn more about the fascinating development of this old Hanseatic city. Admire St. Mary's Church dating back to 1170 and one of the finest examples of Romanesque architecture in Norway. Pass by Koengen, which was once an army depot, and see the medieval Bergenhus Fortress.

Your tour concludes back at the pier.

**Please note: This tour involves a minimal amount of walking. It is suitable for guests who utilise a wheelchair and guests with limited mobility, who are able to embark and disembark the coach via the coach steps.**

## BGO-O / Best of Bergen (INCLUDED)

Difficulty

Duration: 3.50 hr(s) Start 9:30 AM and 1:45 pm



Discover the most renowned, beautiful, and historic landmarks in Bergen and its surrounds during this immersive, half-day sightseeing excursion.

Bergen Residential Areas, Gamlehaugen Royal Residence, Fana, Fantoft, Stave Church

Leaving the downtown area, drive through the residential areas south of Bergen, towards Fana and the Stave Church. Originally built in Fortun, Sogn in 1150, the old Stave Church was subsequently moved to Fantoft in 1883 to save it from demolition and preserve it as part of the nation's heritage. After a destructive 1992 fire, artisans extensively and faithfully restored the church to its former beauty. Upon arrival, take a guided walking tour inside the Stave Church, and admire its traditional timber construction and elaborately-carved decoration.

Troldhaugen, Composer's Hut, Memorial, Museum, Garden, Free Time

Next, re-board your coach and leap from spiritual faith to musical brilliance during a visit to Troldhaugen, home of legendary Norwegian composer Edvard Grieg. Troldhaugen was built in 1885, and Edvard Grieg lived here for 22 years together with his wife, Nina. Grieg composed many of his best-known works in the Composer's Hut by the shore of Lake Nordås. Upon arrival, you will have time to explore the composer's hut, memorial and gardens. You may choose to visit the villa during your free time. Please be aware that there may be lines to enter the residence.

Hanseatic Bryggen Scenic Drive

Once back in Bergen, drive through the very heart of the city, see the fish market and Hanseatic Bryggen with houses dating back to 18th century. The original buildings were destroyed in a fire in the beginning of the 18th century and were rebuilt in the same style as the former buildings from 1350. Your guide will take you on a journey back in time, where you will learn more about the fascinating development of this old Hanseatic city. Admire St. Mary's Church dating back to 1170 and one of the finest examples of Romanesque architecture in Norway. Pass by Koengen, which was once an army depot, and see the medieval Bergenhus Fortress.

Your tour concludes back on the ship.

**Please note: This tour involves a moderate amount of walking for approximately 2 kilometres at times over uneven and natural surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with limited mobility and wheelchair users. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes, and bring sun protection, a weatherproof jacket, umbrella, bottled water, and credit cards and/or local currency for purchases. The tour sequence may vary. An interior visit of Grieg's villa may not be possible, however guests can always enjoy the park and admire the exterior of the villa. Troldhaugen is closed on Mondays and Tuesdays.**

## BGO-R / Bergen On Foot (INCLUDED)

Difficulty

Duration: 2.00 hr(s) Start 11:00 AM and 1:30 PM



Enjoy a leisurely stroll through the Unesco World Heritage site, Hanseatic Bryggen.

## Hanseatic Bryggen

Wander through the narrow streets between the houses dating back to 18th century. The original buildings were destroyed in a fire in the beginning of the 18th century and were rebuilt in the same style as the former buildings from 1350. Your guide will take you on a journey back in time, where you will learn more about the fascinating development of this old Hanseatic city.

## Fish Market

In the very heart of Bergen visit Fisketorget, the fish market, where you can see various seafood, from cod and salmon, to whale and king crab.

On your return walk stop and admire St. Mary's Church dating back to 1170 and one of the finest examples of Romanesque architecture in Norway. Pass by Koengen, which was once an army depot, and see the medieval Bergenhus Fortress.

The tour concludes back at the pier.

**Please note: This tour is entirely conducted on foot and involves a moderate amount of walking of approximately 3 kilometres, at times over uneven and cobblestone surfaces and inclines. This tour is not wheelchair-accessible. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes, and bring sun protection, a weatherproof jacket, umbrella, bottled water, and credit cards and/or local currency for purchases from the ship. The tour sequence may vary.**

## SIGNATURE EXPERIENCES

### BGO-002 / S.A.L.T. Island Fjord Taste

Price: \$1399 - Duration: 5.00 hr(s) Start 10:00 AM

Difficulty



Explore the exquisite beauty surrounding Bergen as you enjoy a leisurely boat ride taking you to a remote island where your chef awaits you for a memorable culinary adventure with tastes from the fjord.

#### Sustainable Seafood

Sustainable seafood is at the core of Bergen's cultural identity and development, and is also reflected in the traditional and coastal gastronomy. The most recent food trend defining the culinary landscape is returning to less complicated dishes prepared with fresh and local seasonal ingredients inspired by old food traditions and techniques.

#### Naustkultur

In 2017 three seafood enthusiasts from Bergen with unique expertise and knowledge in the marine field bought a 30.000 square meter idyllic islet in the outskirt of the city, only reachable by boat. The surrounding waters of the property create a perfect environment for fresh seafood to live and grow: sea urchins, mahogany clams, Norwegian native flat oysters, scallops amongst other delicacies. Having all this world-class produce available at hand these locals wanted to create a unique food-focused adventure with quality, environment and local food traditions in focus. Their vision was to teach others how to prepare fresh seafood outdoors, introduce them to new species which some might not even know was edible; whilst at the same time deliver an excellent dining experience where new and innovative techniques meet old "Naustkultur" traditions.

#### Cruise through the fjord

Leave the pier by private boat. As you cruise out of the city center you will see Bergen's famous fish market and your captain will share stories with you about Bergen as a gastronomic city. Gliding through the pristine waters witness views to the city fjord, charming inlets and islands, and possibly catch sight of an eagle.

#### Deserted Island, Norwegian Seafood

Arriving at the island your chef and host give you a warm welcome and introduce you to 'naustkultur'. Learn how to make a bonfire by the shore, forage for some of the ingredients needed for your meal, and hear about Norwegian food traditions. Some of Norway's finest seafood comes from these pristine waters; sea urchins, mahogany clams, Norwegian native flat oysters, and horse mussels, just to name a few. You will try a few of these delicatessens prepared on the bonfire and you are welcome to assist the chef in the preparation and cooking process. Your chef will teach you to open shells, give useful cooking tips and share recipes that you can try at home. There will also be plenty of time to relax and enjoy the serene beauty surrounding the island.

This adventure is the perfect blend of nature, culture and Norwegian food traditions.

**Please note: This excursion is not recommended for guests who suffer from motion sickness. The tour involves an approximate 1 km walk to the boat, and a few high steps to embark and disembark the boat; it is not recommended to mobility challenged guests. Walking on the island involves uneven terrain with gradual slopes.**

## BGO-T / Fjords, Glaciers & Mountains by Seaplane

Difficulty



Price: \$699 - Duration: 1.25 hr(s) Start 9:00 AM, 10:30 AM, 12:00 PM, 1:30 PM, and 3:00 PM

Experience the beautiful and spectacular fjords, glaciers and snow-capped mountains of Norway by seaplane during this unforgettable flight-seeing excursion.

### **Bergen, Seaplane Base, Seaplane Flight-Seeing Tour, Western Norway**

Depart the pier for the short drive to the seaplane landing stage. Upon arrival, receive your safety and flight information, then board your awaiting, four-passenger seaplane and take off on a truly amazing flight-seeing experience over western Norway.

### **White, Snow-Capped Mountains, Blue Glacier Lakes, Bryggen, Hardangerfjord**

Along the way, take in spectacular panoramic views over Bergen, beautiful, white, snow-capped mountains, including Mt. Ulriken and Mt. Fløyen, blue glacier-lakes, and Bryggen, an UNESCO World Heritage Site. Further on, fly over one of the world's most beautiful fjords, the famous Hardangerfjord, 'Queen of the Fjords'. At approximately 111 miles (about 179 kilometres) in length, it is the 3rd-longest fjord in the world, with its greatest depth being 2,952 feet (about 900 metres). A renowned destination, the Hardangerfjord features deep valleys, waterfalls, quaint villages and fruit farms.

### **Folgefonna Glacier, Return Flight**

Continuing on, marvel at the massive Folgefonna Glacier. The 3rd-largest glacier in Norway, the imposing Folgefonna stands 5,416 feet (about 1,651 metres) above sea level. At the conclusion of your seaplane flight-seeing excursion, return to the seaplane base. Upon arrival, re-board your coach for the short transfer back to the pier.

**Please note: This tour involves walking over a floating pier and three-four steps to negotiate to get on/off the coach and board/de-board the seaplane (which must be managed without assistance). This tour is not suitable for guests with a fear of heights, guests prone to airsickness, guests with limited mobility and guests who utilise a wheelchair. Due to safety reasons, guests who are not mobile self-sufficient, will not be allowed to board the plane. Guests must be at least six years old to participate on this tour. Minors under the age of 18 must be accompanied by a parent or guardian. Each plane seats a maximum of four guests. The total passenger weight cannot exceed 770 pounds (about 350 kilograms) for 4 people, which means that approximately the maximum weight per person is 87kg or 175kg per couple. Due to weight and balance limitations, as well as individual safety and comfort, seating is assigned at the pilot's discretion and tour departure time may be altered onboard. The total flight time is approximately 50 minutes; flight times can vary based on flight conditions. Due to weight, balance and safety requirements, it is imperative that accurate weights for all guests are forwarded 24 hours prior to flight. If the weights differ to what was sent, they may be asked to stand on scales; if the difference causes the guest not able to take the flight, there is no refund. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions, and may be cancelled on short notice or the route may be altered. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.**

## PRIVATE EXPERIENCES

### BGO-V / Bergen by Private Car with Guide - Half Day

Price: \$1199 - Duration: 4.00 hr(s)

Difficulty



Explore Bergen at your leisure during your half-day (4-Hour) sightseeing tour via private car. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English Speaking Guide in an air-conditioned car and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Participation is limited to 2 guests per car. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

### BGO-W / Bergen by Private Car with Guide - Full Day

Price: \$2099 - Duration: 8.00 hr(s)

Difficulty



Explore Bergen at your leisure during your full-day (8-Hour) sightseeing tour via private car. Customize your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English speaking Guide in an air-conditioned car and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Participation is limited to 2 guests per car. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

### BGO-X / Bergen by Private Van with Guide - Half Day

Price: \$1399 - Duration: 4.00 hr(s)

Difficulty



Explore Bergen at your leisure during your half-day (4-Hour) sightseeing tour via private van. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English speaking Guide in an air-conditioned van and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

## BGO-Y / Bergen by Private Van with Guide - Full Day

Difficulty

Price: \$2399 - Duration: 8.00 hr(s)



Explore Bergen at your leisure during your full-day (8-Hour) sightseeing tour via private van. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English Speaking Guide in an air-conditioned van and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to arrival in the port. Actual vehicle type varies depending on availability. Participation is limited to 4 guests per van. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

JUNE 14 2026, SUNDAY

# Ålesund - Norway

## HIGHLIGHTS EXPERIENCES

### ALE-A / Ålesund Highlights (INCLUDED)

Duration: 3.00 hr(s) Start 9:15 AM and 1:00 PM

Difficulty



Experience the splendid beauty and history of ålesund during this picturesque, half-day excursion through the city and its surrounds.

#### ålesund

Depart the pier for the scenic, approximately 40-minute drive through ålesund, a city built in the Art Nouveau, or 'Jugend' style following a catastrophic fire in 1904. One of few Art Nouveau towns in the world, ålesund is home to an atmosphere and distinct character embraced by inhabitants and visitors alike. Whilst driving from the harbour through the Art Nouveau centre of the town, marvel at the amazing decorations and colourful facades.

#### Borgund Stone Church and Sunnmøre Open Air Folk Museum

Next, continue on to Borgund, which was the largest trading centre in Sunnmøre during the Viking Era, then proceed to the Sunnmøre Open Air Folk Museum. Upon arrival, visit some of the old houses and the museum's boat collection.

#### City Centre

After the visit to the museum, head to the city center, or Skateflua, where your guide will point out the Art Nouveau buildings as well as share stories of this vibrant costal Norwegian city. Walk along the pedestrian Kongensgata street before returning to the ship.

**Please note: This tour involves a moderate amount of walking and standing for approximately 1 kilometre, at times over uneven surfaces and several steps at the sites. Walking at the Sunnmøre Open Air Folk Museum is at the discretion of each guest over uneven surface. This tour is not suitable for guests with claustrophobia, however it is suitable for guests with limited mobility and guests who utilise a wheelchair. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes are recommended.**

### ALE-B / Art Nouveau City Walk (INCLUDED)

Duration: 2.50 hr(s) Start 10:00 AM and 1:30 PM

Difficulty



Discover one of the few Art Nouveau towns remaining in the world during this scenic, half-day walking tour of ålesund. ålesund Walking Tour

Depart the pier on-foot for a guided, one-hour stroll through ålesund, a lovely and unique coastal city built in the Art Nouveau, or 'Jugend' style following a catastrophic fire in 1904. Whilst walking through the winding streets, learn about the town's storied past, and marvel at the amazing buildings, decorations and colourful facades.

#### Art Nouveau Centre

A stop is made at the Art Nouveau Centre for a fascinating insight into Art Nouveau through authentic interiors and objects, as well as a captivating multimedia program called From Ashes to Art Nouveau. You can experience the devastating 1904 fire via film and photographs, and impressive sound and light effects. At the conclusion of your visit, commence the approximately 30-minute walk back to the pier.

**Please note: This tour involves an extensive amount of walking and standing for approximately 1.86 miles (about three kilometres), at times over uneven and cobblestone surfaces and inclines, with a few steps to enter the Art Nouveau Centre.**

**This tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes and sun protection are recommended.**

## ALE-C / The Unique Islands of Giske & Godøy

Difficulty



Price: \$129 - Duration: 3.50 hr(s) Start 8:45 AM

Embrace the scenic splendour of ålesund and its nearby islands during this panoramic, half-day sightseeing excursion. ålesund

Depart the pier for the scenic, approximately 30-minute drive through ålesund, a city built in the Art Nouveau style following a catastrophic fire in 1904. One of few Art Nouveau towns in Norway, ålesund is home to an atmosphere and distinct character embraced by inhabitants and visitors alike. Whilst driving from the harbour through the Art Nouveau centre of the town, marvel at the amazing decorations and colourful facades.

### Giske Island and Church

Next, proceed to the island of Giske, the seat of power during the Viking Age. Upon arrival, an external visit is made to the 12th-century Giske Church, a Romanesque marble church built as a private chapel for the famous Giske family.

### Godøy Island and Alnes Village and Lighthouse

Following your visit, head to the island of Godøy and charming village of Alnes. Here, you can take a stroll through the village or climb the lighthouse for some spectacular panoramic views. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier.

**Please note: This tour involves a moderate amount of walking and standing for approximately 547 yards (about 500 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, and 87 steps for guests who opt to walk to the top of the lighthouse. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes and sun protection are recommended. An interior visit of the Giske Church may not be possible if church services are in progress. The tour sequence may vary.**

## ALE-D / Land of the Trolls

Difficulty



Price: \$299 - Duration: 8.00 hr(s) Start 8:15 AM

Embrace the spectacular beauty of the mountains of Norway in a unique new way during this panoramic, full-day excursion to the Troll's Road and Troll Wall.

### Borgundfjord, Storfjord, Sjøholt and Stordal

Depart the pier for the approximately three-hour drive to the Troll's Road, or 'Trollstigen'. En route, proceed along the Borgundfjord, passing charming suburbs and well-kept gardens. Next, follow the Big Fjord, or 'Storfjord', and pass the village of Sjøholt. Here, the fjord changes course as you head south into the Bay of Stordal, where the village of the same name is situated.

### Valldal, Troll's Ladder, Trollstigen Viewpoint and Lunch

Upon arrival in the fertile valley of Valldal, see where strawberry cultivation takes place, then ascend the scenic valley to the Troll's Road, or 'Trollstigen' Viewpoint. Following a comfort and photo stop at the Trollstigen Viewpoint, which offers spectacular panoramic vistas of your surrounds.

### Troll's Road and Stigerøra Waterfall

Re-board your coach for the drive down the Troll's Road. The Troll's Road is perched approximately 3,000 feet (about 900 metres) above sea level. This marvel of engineering features a winding road with 11 hairpin turns that snake their way down the mountain and through the valley. Descend the curves to the bottom of the valley, then stop to see the Stigerøra Waterfall cascading down the mountainside. From here, continue to the Troll Wall Viewpoint.

### Troll Wall and Trollveggen Viewpoint

The Troll Wall, or 'Trollveggen' is the highest perpendicular rock face in Europe. It measures approximately 5,856 feet (about 1,785 metres) from the valley to the top of the wall. Out of this, approximately 3,248 feet (about 990 metres) are vertical

together, with an approximately 148-foot (about 45-metre) overhang. Climbers from all over the world come here to try out the various routes to the top. Following a photo stop at the incredibly scenic Trollveggen Viewpoint, commence the approximately 2.5-hour drive back to Ålesund along the Romsdalsfjord, whose many small villages are noted for their woodcarving, rose-painting and ship-building. Next, cross over the Ørskog Mountain Plateau, a popular skiing area in Ålesund, then follow the fjord once again and return to the pier.

**Please Note:** Occasionally the Troll Road has been closed by the Norwegian Roads Authority, due to safety concerns. In this case the tour itinerary has been adjusted and guests will be able to admire the road and its surrounding mountains from the Trollstigen viewpoint, which is accessible using alternative roads.

This tour involves extensive driving and is not recommended for guests who suffer from claustrophobia, vertigo and/or motion sickness. Tour may operate in reverse order.

## ALE-F / Hiking Sugar Lump Mountain

Difficulty

Price: \$119 - Duration: 3.00 hr(s) Start 9:00 AM



Experience Ålesund and its surrounds from a unique perspective during this scenic and invigorating, half-day hiking excursion to the summit of Sugarlump Mountain.

### Ålesund, Hessa Island, Sugarlump Mountain, Guided Hike

Depart the pier for the short drive through Ålesund en route to the base of Sugarlump Mountain, located on the island of Hessa approximately 2.5 miles (about four kilometres) from the city centre. Upon arrival, begin your one-hour, approximately 1.24-mile (about two kilometre) hike along a narrow nature trail. Your guided hiking tour starts at a height of approximately 164 feet (about 50 metres) above sea level, and ascends to the summit, which stands at approximately 997 feet (about 304 metres) above sea level.

### Sugarlump Mountain Summit, Ålesund, Borgundfjord, Sunnmøre Alps, Open Sea, Islands

Afterward, hike back down to the base of Sugarlump Mountain, then re-board your coach for the short drive back to the pier.

**Please note:** This tour involves an extensive amount of walking for approximately 1.24 miles (about two kilometres), at times over uneven surfaces and steep inclines, with a few steps to negotiate to get on/off the coach. This tour is only suitable for in good physical conditions. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking or hiking shoes, and bring bottled water and a weatherproof jacket. Guests under the age of 16 must be accompanied by a parent or guardian. This tour operates in all weather conditions. In case of adverse weather conditions, the hike may take place at Aksla Mountain instead of Sugar Loaf. Restrooms are not available during the tour.

## ALE-G / Sea Safari via RIB-Boat

Difficulty

Price: \$199 - Duration: 2.50 hr(s) Start 8:45 AM



Discover the coastal beauty and marine life of Ålesund in an exciting new way during this picturesque sightseeing excursion via RIB-boat.

### Ålesund, RIB-Boat Adventure, Harbour, Coastal Waters, Open Seas, Runde Bird Rock

Depart the pier for the short walk to your awaiting rigid inflatable boat (RIB). After receiving your personal flotation device and safety and riding instructions, begin your approximately 90-minute RIB-boat adventure. Head out of the harbour and explore the coastal waters around Ålesund. In mild weather and with little wind, your captain ventures out as far as the Runde Bird Rock, crossing the open sea. If the sea is a little choppier, your captain stays within the sheltered waters of Ålesund.

### Birdlife, Eagles, Seals, Marine Life

Along the way, look for the abundant local birdlife and an occasional eagle. Your captain searches for interesting wildlife, and manoeuvres the RIB-boat close to a rock to observe basking seals. The route taken is the captain's choice, depending on the

weather and fitness level of the guests. At the conclusion of your tour, disembark your RIB-boat and commence the short walk back to the pier.

**Please note: This tour involves an extensive amount of physical activity. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes. Guests must be at least 10 years old and 140cm tall to participate on this tour. The weight of each participating guest must not exceed 264 pounds (about 120 kilograms). Although frequently encountered on this type of tour, marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. The ride to Runde Bird Rock is through the open sea, therefore expect it to be very bumpy, even in good weather conditions. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.**

## ALE-I / Ålesund Via Ferrata

Difficulty

Price: \$99 - Duration: 1.50 hr(s) Start 11:00 AM



Aksla. Your extremely active adventure features a guided hike along a metal rail route created over cliffs and ledges otherwise impossible to reach.

### Walk to the Via Ferrata Starting Point

On the pier, meet your experienced rock-climbing guide, who will lead you on a walking tour through the city centre, to reach the starting point of your Via Ferrata.

### Safety Briefing & Via Ferrata Climb

At the starting point you will be briefed and provided with your climbing gears (helmet, safety harness with two carabiners). You will then begin your guided approximately 100 metre high route along the mountain ledges. The spectacular route involves exposed climbing on a large granite wall. Half way, there is a spacious bench perfect for a break. Enjoy the view and take a photo of the city below you and the North Sea. Your guide will ensure safe climbing and interesting facts about Ålesund and surrounding nature will be given.

Once on the top on Mount Aksla, you will follow the beautiful city stairs back down to the park and the ship.

**Please note: This tour involves an extensive amount of physical activity and is only suitable for guests in extremely good physical conditions. Guests are advised to wear comfortable clothing in layers with hiking boots. No prior rock climbing experience is required to take part in the tour. Guests are advised to keep personal belongings at a minimum, since bags or backpacks are not allowed during the Via Ferrata climb. Guests may be able to leave their belongings at the bottom of the Via Ferrata. Minimum age to participate is 12 years old and children under 16 years old must be accompanied by an adult. The minimum weight to participate in the tour is 40kg, while the maximum weight per person is 120kg.**

## ALE-K / Flavours of Ålesund Stroll: Culinary Delights and Fjord Views

Difficulty

Price: \$299 - Duration: 3.50 hr(s) Start 8:00 AM and 12:00 PM



Embrace the beauty, charm, and flavours of Ålesund during this immersive, half-day sightseeing and tasting excursion.

Ålesund, Guided Walking & Tasting Tour, Fisketorget Delikatesse Restaurant, Bacalao

Depart the pier for a scenic, approximately three-hour guided walking and tasting tour of Ålesund. Along the way, indulge your senses with the picturesque beauty of your surrounds and delightful flavours of this charming town. Your culinary journey begins with a short walk from the pier to the Fisketorget Delikatesse, a charming seafood restaurant and fish shop. Here, sample bacalao made the traditional Ålesund way (cooked with olive oil, garlic, onions, and potatoes in a savoury tomato-based sauce).

Stuen Restaurant, Sausage with Potatoes, Kongensgate, Art Nouveau Buildings, Pavilion

Your leisurely stroll continues through the charming streets of ålesund towards another local restaurant, Stuen. Upon arrival, enjoy a tasting of pølse and stappe (Norwegian-style hot dog sausage with delicious, home-made mashed potatoes). No visit to Norway is complete without tasting a pølse. Leaving Stuen, walk along Kongensgate, the main thoroughfare of ålesund. Marvel at the picturesque architecture of the Art Nouveau buildings lining the street and stop to explore the charming Pavilion, a historic landmark offering stunning views of the town and its surrounding landscapes.

Brosundet Hotel, Fish Soup, Trakokeriet Restaurant, Dessert Pastry, Aksla Viewpoint, Fjords

Next, head to Brosundet, a quaint hotel located by the water, to sample creamy and hearty Norwegian fish soup, an iconic dish and homage to Norway's culinary heritage. The final stop on your tasting tour is at the Trakokeriet restaurant. Here, indulge in a sweet treat known as skillpadde (turtle cake), a soft cake pastry with cream. Following your gastronomic adventure, board a private mini-bus for the short drive to Aksla, a panoramic viewpoint offering breath-taking vistas of ålesund and its stunning surrounds. Marvel at the exquisite beauty of the Norwegian fjords whilst soaking in the tranquil atmosphere of these natural wonders. After a photo stop here, re-board your coach and commence the short drive back to the pier.

**Please note: This tour involves an extensive amount of walking for approximately 1.33 miles (about 2.15 kilometres), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the mini-bus. This tour is not suitable for guests with food allergies, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes, and bring sun protection, a weatherproof jacket, umbrella, bottled water, and local currency or credit cards for purchases from the ship. Guests must be at least 10 years old to participate on this tour; minors must be accompanied by a parent or guardian over 18 years old. Guests must be at least 18 years old to be served alcoholic beverages. Operation of this tour is subject to weather conditions. The tour sequence and timings may vary. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.**

## ALE-M / Cruising Hjørundfjord

Difficulty



Price: \$299 - Duration: 3.50 hr(s) Start 8:30 AM and 12:45 PM

In a country renowned for its jaw-dropping natural settings, approaching remote Trandal village from the pristine waters of the Hjørundfjord, with the towering Sunnmøre Alps as backdrop, rivals any scene Norway has to offer. Expect a waterborne journey of about an hour each way by chartered boat. And be prepared for goosebumps; this is truly one of the most magnificent fjords you'll ever see.

The visual thrill won't stop once you arrive in Trandal, either. With some 80 minutes of free time here, you can experience the ultra-famous fjord swing at Christian Gaard, only accessible by boat or via a challenging hike. Have a seat, swing out, and have someone capture the ultimate photo of yourself on the swing with nothing but the dramatically jagged mountains and glistening fjord surrounding you in the frame \ an image no one will quite believe when you show it off at home.

While here, you'll also taste a locally produced aperitif crafted from regional ingredients, accompanied by a delicious local salmon wrap or flatbread. If you like, follow that up with a leisurely walk to drink in still more of this remarkable setting before it's time to reboard the boat for a return journey to ålesund that's every bit as spectacular as the one that brought you here. Some of our guests have been known to balk at disembarking once at the pier \ but, alas, disembark you must. Until your next visit to the fjordlands, at least.

**Please note: This easy activity includes very little required walking, with some discretionary time on foot at Christian Gaard, where there are gravel paths and a slight incline leading to the main venue. This excursion is not recommended for those who utilize a wheelchair or have limited mobility. Wear layered, weather-appropriate clothing and comfortable closed-toe shoes. Bring your preferred sun protection. Total duration can run longer than the stated 3.5 hrs, depending on wind and weather conditions. The order of sights and activities may vary.**

## ALE-Q / Ålesund by Trolley: Art Nouveau Charm & Panoramic Views

Difficulty

Price: \$89 - Duration: 1.50 hr(s) Start 9:30 AM



Begin your journey by boarding the charming trolley train at the pier and setting off on a scenic ride through the heart of ålesund. The route winds through the city's narrow streets lined with elegant Art Nouveau architecture, then continues east past the historic wooden houses that remarkably survived the great city fire.

### Mount Aksla Views and Refreshments

As the trolley climbs toward Mount Aksla, you'll pass notable landmarks such as Voldsdalen Church and the city's stadium. At the summit, enjoy a 40-minute pause to savor a coffee break while taking in the breathtaking panorama of ålesund, its surrounding archipelago, and the majestic Sunnmørsalpene mountains.

### Art Nouveau

Descending toward "ålesundet" (now known as Brosundet), the ride takes you past a mix of small and grand Art Nouveau buildings that define the city's unique character. Finally, return to the ship, accompanied by sweeping views of ålesund as your memorable journey concludes.

**Please Note:** This tour incloves a minimal amount of walking of approximately 300 metres. Commentary during the trolley ride is provided via a recorded audio system in English.

## SIGNATURE EXPERIENCES

### ALE-L / Flightseeing over Ålesund & Sunnmøre Alps

Difficulty

Price: \$599 - Duration: 1.50 hr(s) Start 9:45 AM and 10:30 AM



Been craving a truly unforgettable travel memory? Consider this one: the privileged birds-eye view of a flightseeing adventure over one of the Earth's most wondrous regions, ålesund and the Sunnmøre Alps.

The drive from the pier to ålesund Airport runs about 15 minutes and is followed by a 20-minute safety briefing and gear-up once at the helipad. Then it's up, up, and very much away.

Once in the air, you'll be able to fully take in the Art Deco beauty of ålesund from overhead as it spans across Hessa, Aspøya, Nørøya, Oksenøya, Ellingsøya, Humla, and Tørla islands. Gaze down on the intricacy of the region's Atlantic shoreline. Gasp at the rugged majesty of the Sunnmøre peaks, towering over the mysteriously dark fjords. Find yourself feeling as if life and time have become suspended, just as you are within this state-of-the-art aircraft piloted by a seasoned professional. And descend gently back to Earth 30 minutes later, feeling elated and perhaps even changed by the experience.

**Please note:** While undeniably adventurous, this outing requires very little effort on your part. There is one large step to negotiate when boarding/exiting the helicopter. This excursion is not suitable for guests with limited mobility nor recommended for those prone to motion sickness, airsickness, or anyone unable to board without assistance. Maximum passenger weight allowable is 260 lbs (118 kg). Operation of the helicopter flight is dependent on weather conditions, with visibility, viewpoints, and exact route subject to change as needed. Flights may be canceled on short notice if prevailing conditions are deemed unsuitable. Waiting times may occur before or after your flight in the event of scheduling backlogs. Your pilot determines seating arrangements; not all guests will be seated next to a window, but all will enjoy good views. Please wear flat, closed-toe shoes. Space on this excursion is extremely limited; please book well in advance to help avoid disappointment.

## ALE-O / Taste of the Fjords

Price: \$399 - Duration: 7.50 hr(s) Start 8:30 AM

Difficulty



### Trollbryggeriet Brewery

Depart ålesund and enjoy a 1.5-hour scenic drive through Norway's fjord landscapes to your first stop: Trollbryggeriet Brewery in Liabygda. Here, take a guided tour and sample five small-batch beers paired with traditional snacks from Stranda, renowned for its cured meats and regional delicacies.

### Skarbø Gård Farm

Continue with a 15-minute drive to the ferry port and cross the majestic Storfjorden (15 minutes) before a 15-minute drive to Skarbø Gård, a historic farm specializing in artisanal cheeses and fresh apple cider. Learn the secrets behind their craft and enjoy a tasting of cider, cured ham, and farmhouse cheeses, followed by a farm-to-table lunch featuring soup, salad, and dessert-all sourced from the surrounding land.

### Brennevinsgrova Distillery

Next, travel 45 minutes to Brennevinsgrova Distillery, where passionate distillers craft aquavit and spirits infused with local botanicals. Explore the copper stills and savour their signature creations.

Finally, drive 15 minutes to the Sykkylven ferry port for a short crossing (15 minutes) and continue with a 30-minute drive through ålesund's city center back to the pier. During the ferry ride, enjoy a cherished Norwegian tradition: svele, a fluffy pancake served with butter and sugar, paired with coffee, a sweet finale to your culinary adventure.

**Please Note: This tour involves a moderate amount of walking of approximately 1.5 kilometers and a flight of stairs to enter the distillery. This tour involves extensive driving and is not recommended for guests who suffer from claustrophobia, vertigo and/or motion sickness. Tour may operate in reverse order. Guests must be over 18 years old to drink alcoholic beverages.**

## ALE-P / Runde Island: Nature, Wildlife & Coastal Beauty

Price: \$299 - Duration: 8.00 hr(s) Start 8:30 AM

Difficulty



Immerse yourself in Norway's coastal beauty with a scenic journey to Runde Island.

Begin your adventure with a 30-minute drive to Sulesund ferry port, followed by a 30-minute ferry crossing to Hareid. From there, enjoy a 60-minute scenic drive along the edge of the Stokksund-Blikkvågane conservation area, where Norway's coastal landscapes offer fresh air and serene views.

### Runde Island Environmental Center

Arriving at Runde Island, your experience starts at the Runde Environmental Center with a 60-minute presentation on the island's unique ecosystem. Learn about seabird life, ongoing research, and watch the documentary Silver of the Sea, which explores the wildlife and environment. You'll also discover the fascinating story of the Runde Treasure, one of Europe's largest gold finds, marking 300 years since the Akerendam shipwreck.

### Bird Cliff Hike

Next, embark on a 3-hour hike (180 minutes) to the famous bird cliffs. The trail is steep but well maintained, with several stops to admire the views. At the top, near the nesting cliffs, enjoy time to watch seabirds, take photos, and savor your packed lunch overlooking the sea.

After this unforgettable nature experience, return with a 60-minute drive to Hareid, a 30-minute ferry ride back to Sulesund, and a final 30-minute drive to the port.

**Please Note: This tour involves an extensive amount of walking, and guests must be in good physical condition and must wear proper footwear. The total walking distance is approximately 4.5 kilometers, with the first 15 minutes being the hardest due to a steep incline. This portion of the trail is paved, and guides will walk at the guests' pace, making stops when needed. After the incline, the path becomes flatter, and many stops will be made both for rest and for guiding. Binoculars are provided, and sun protection is recommended. Guests should bring a small backpack for personal belongings, bottled water from the ship, and dress according to the weather (windbreaker and hiking boots recommended). In the event of cold or**

rainy weather, lunch will be served at the Conservation Center instead of outdoors. The Environmental Center is happy to host guests who choose not to take part in the hike. For groups of more than 20 participants, the group will be split: one group will do the hike first while the other visits the exhibition, and then they will swap.

## PRIVATE EXPERIENCES

### ALE-V / Ålesund by Private Car with Guide - Half Day

Price: \$1299 - Duration: 4.00 hr(s)

Difficulty



Explore Ålesund at your leisure during your half-day (4-Hour) sightseeing tour via private car. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English Speaking Guide in an air-conditioned car and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 2 guests per car. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

### ALE-W / Ålesund by Private Car with Guide - Full Day

Price: \$1999 - Duration: 8.00 hr(s)

Difficulty



Explore Ålesund at your leisure during your full-day (8-Hour) sightseeing tour via private car. Customize your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English speaking Guide in an air-conditioned car and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 2 guests per car. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

### ALE-X / Alesund by Private Van with Guide - Half Day

Price: \$1499 - Duration: 4.00 hr(s)

Difficulty



Explore Ålesund at your leisure during your half-day (4-Hour) sightseeing tour via private van. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English speaking Guide in an air-conditioned van and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 4 guests per van. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

## ALE-Y / Ålesund by Private Van with Guide - Full Day

Difficulty

Price: \$2199 - Duration: 8.00 hr(s)



Explore Ålesund at your leisure during your full-day (8-Hour) sightseeing tour via private van. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your Driver and English Speaking Guide in an air-conditioned van and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 4 guests per van. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

JUNE 15 2026, MONDAY

# Trondheim (Trondelag) - Norway

## HIGHLIGHTS EXPERIENCES

### TRD-001 / Beer Tasting in Trondheim

Difficulty

Price: \$199 - Duration: 2.50 hr(s) Start 1:00 PM



Located just outside the city center of Trondheim, Austmann Brewery offers visitors a chance to experience one of Norway's most well-known craft breweries up close.

The tour begins with a brief introduction to Austmann's history - from its founding in 2013 by three friends, to its rapid growth and influence on the Norwegian beer scene. Be then guided through the brewery itself, where they can observe the production process and learn about the ingredients, brewing techniques, and philosophy behind Austmann's wide range of beers. The space blends industrial function with a cozy, creative atmosphere, often featuring local artwork and reclaimed materials.

The highlight of the visit is a guided tasting session in the taproom. Here, guests sample a curated selection of beers - often including both core offerings and limited seasonal brews. The staff provide insights into the different styles, flavor profiles, and the inspiration behind each beer.

The experience offers a relaxed and authentic look into Trondheim's craft beer culture, and a chance to engage with the people behind one of the city's most celebrated brewing operations. Conclude the tour with a pint in hands at the brewery's taproom before heading back to the ship.

**Please note: This tour involves a moderate amount of walking of approximately 500 metres at the brewery and is suitable for guests with mobility difficulties. Guests must be over 18 years old to participate in the tour.**

### TRD-002 / Hike Trondheim Wilderness

Difficulty

Price: \$99 - Duration: 4.00 hr(s) Start 8:30 AM



Leaving the city behind, head into the forests surrounding Trondheim and arrive at Bekken, where our hike begins. Follow a trail through the woods towards "Burmaklippen" (the Burma Cliff), a small but dramatic overhanging cliff known for its photo spot. As you approach, the cliff's overhang is nearly imperceptible but becomes clear from the northern side, an ideal vantage point for photographers. Note, however, that the cliff slopes slightly downward at the edge, which may feel challenging for those with a fear of heights.

After the photo stop, continue hiking through the forest to Månen Hill, reaching 349 meters above sea level. From here, enjoy panoramic views of Trondheim before making our way back along the same trail. The tour concludes with a return trip to the city center and awaiting ship.

**Please note: This tour involves an extensive amount of walking for approximately 6 kilometres, at times over uneven and natural surfaces and hills. The total amount of time spent walking is approximately 2.5 hours. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe and non-slip hiking shoes, and bring sun protection, a weatherproof jacket. The tour operates in all weather conditions. Views are weather dependant.**

## TRD-003 / Kayak &amp; Sauna Experience

Difficulty

Price: \$199 - Duration: 3.75 hr(s) Start 11:00 AM



As we paddle along, learn you some easy paddling techniques, and you get to enjoy the magnificent views of Trondheim's waterfront. But the fun doesn't stop there. We will take you to Nyhavnas floating sauna, where you can enjoy heated changing facilities and showers. Imagine relaxing your body and rebooting your senses in the midst of a new suburb of Trondheim being built, with the backdrop of Lade hill in the distance.

And what's a better way to end this amazing experience than taking a dip in the Trondheim Waterfront? Do like many Norwegians who do it daily. Whether you're a beginner or an experienced kayaker, this tour is for everyone who wants to have fun and enjoy the beauty of Trondheim.

**Please Note:** This tour requires an extensive amount of activity. Guests must be good swimmers and in good physical condition. It is not recommended for those guests who suffer from any back or heart problems. Previous kayaking experience is not required. Life jackets are provided and must be worn. Double kayaks are used. The tour operates in all weather conditions and guests are expected to get wet. Guests are advised to wear swimming suits and waterproof clothing and bring a towel and slippers. Guests are provided with a dry bag where to put all their belongings, since the kayak ride ends at a different place than the depart. Participants must be 6 years of age and children under 12 years must be accompanied by a participating adult.

## TRD-004 / Royal Trondheim

Difficulty

Price: \$149 - Duration: 3.00 hr(s) Start 9:00 AM



Begin with a drive through the heart of the city, passing streets of traditional wooden houses, before arriving at Nidaros Cathedral. Work on this magnificent medieval structure began in 1070 and it marks the burial site of the patron saint of Norway, St Olav. In ancient times kings of Norway were hailed at øretinget on the river Nidelva in Trondheim, but more recently kings and queens have either been crowned or blessed in the cathedral.

After a guided tour of the cathedral your tour continues to the adjacent Archbishop's Palace. It was the archbishop's main residence from the middle of the 12th century until the reformation in 1537 but now houses an archaeological museum and the crown jewels, which you can admire before continuing to your final stop.

Stiftsgården is one of the largest wooden buildings in Norway and was originally built in 1778 for the rich widow of the Privy Councillor. It is now a royal residence used by King Harald V and Queen Sonja when they visit the city. See the Throne Room and the Queen's Salon as well as some of the other 140 exquisitely decorated rooms before returning to the ship.

**Please note:** This tour is primarily conducted on foot, with guests walking between venues. Please note that the route includes cobblestone streets and a few steps along the way. Tour may operate in reverse order. The Royal Residence may close at short notice, in which case, the Gardens will be visited instead of the interior.

## TRD-005 / Vintage Railway &amp; Historical Mine

Difficulty

Price: \$249 - Duration: 7.00 hr(s) Start 9:00 AM



Travel by bus out of the city of Trondheim to reach the Løkken copper mines where you will receive a short orientation and be provided with a hard-hat and for your half mile walk through the mine. You will navigate gravel paths, steps and wooden

walkways as you absorb the atmosphere in the mine, which was in operation from 1654 to 1987. Today the caverns are quiet and the rocky surfaces drip with moisture, while a faint odour of sulphur lingers in the air.

After you resurface, you will board your vintage car on the narrow-gauge Thamshavn Railway, a museum-railway that attracts tourists from all over the world. Sit back and enjoy the ride on wooden-benched train cars, which date back to the turn of the century. This railroad was originally constructed to transport ore from the Løkken copper mines. During World War II, several attempts were made to sabotage the line, destroying the trains, and today you will see many memorials along the tracks that commemorate the past.

After this fun 20-minute journey, you will head to Orkanger to enjoy a delicious meal at the traditional Bårdshaug Mansion, before heading back to Trondheim. Once back at the city, visit the Nidaros Cathedral. Building of this cathedral begun in 1070 and finished in the 12th century. It's the largest Gothic-style cathedral in Scandinavia, and is built on the grave of Saint Olav, who introduced Christianity to Norway.

Once you have taken plenty of pictures, you will then board the bus for the return journey back to the ship through this pretty town.

**Please note: This tour involves extensive walking and standing. Inside the mine, the paths are on plank walkways, and visitors must navigate two sets of stairs. The temperature in the mine is approximately 14 C (57 F), so please dress appropriately. This tour is not suitable for individuals with claustrophobia or those using wheelchairs.**

## TRD-007 / Trondheim's World War II Legacy

Difficulty

Price: \$199 - Duration: 3.00 hr(s) Start 1:00 PM



Uncover Trondheim's dramatic World War II history as you visit key sites that tell the story of life under Nazi occupation. Meet your guide and board your motor coach for a scenic drive to The Armoury, a fascinating military museum housed within the historic Archbishop's Palace. Here, explore an impressive collection of artifacts, including weapons, uniforms, and detailed exhibits, while learning about the city's wartime experiences.

Continue to the imposing Kristiansten Fortress, where you'll hear poignant stories of Norwegian patriots who were executed during the occupation. Your journey concludes at DORA, the massive German submarine bunker. Stroll around its vast concrete exterior, a stark reminder of the city's strategic importance during the war, before reboarding your coach for the return to your awaiting ship.

**Please Note: This tour requires a moderate amount of standing and walking (on uneven ground at the fortress, otherwise paved).**

## TRD-A / Trondheim Walk (INCLUDED)

Difficulty

Duration: 2.50 hr(s) Start 9:30 AM and 1:00 PM



Discover one of the oldest cities in Norway during this picturesque, half-day excursion through Trondheim on-foot.

### Trondheim

Depart the pier for your guided walking tour through Trondheim. One of Norway's oldest cities, Trondheim was founded by Viking King Olav Tryggvason in 997. The city is situated at the estuary of the River Nid, and faces the wide Trondheim Fjord.

### River Nid, Market Square and Nidaros Cathedral

During your stroll along the river, savour its village atmosphere and unique blend of ancient and modern architecture. Cross the Market Square, home of the statue of King Olav. An inside visit is made at the Nidaros Cathedral, a splendid, 12th-century Gothic structure. This impressive church is built over the grave of St. Olaf, and boasts gorgeous stained-glass windows.

### Bakklandet and Old Town Bridge

Next, continue through the rehabilitated Old Town of Bakklandet, where many picturesque wooden houses are painted in vivid colours, and small cafés and pubs stand adjacent to exclusive restaurants. Pass by the bicycle elevator, then walk towards the River Nid with its charming, red-painted Old Town Bridge. From here, head down the street along the riverbank, and take in splendid views of the old warehouses lining it. At the conclusion of your walking tour, return to the pier on-foot.

**Please note:** This tour involves an extensive amount of walking, at times over uneven and cobblestone surfaces and inclines and a few steps at the Nidaros Cathedral. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes and sun protection are recommended. An inside visit to the Nidaros Cathedral may not be possible during church services.

## TRD-B / Panoramic Trondheim (INCLUDED)

Difficulty



Duration: 2.00 hr(s) Start 8:30 AM, 11:15 AM, and 2:00 PM

Enjoy this panoramic sightseeing introduction of Trondheim, taking you past all the city sites, including the Nidaros Cathedral and Kristiansten Fortress.

### Panoramic Drive

Driving through the city center you will pass many wooden buildings that are so typical of Trondheim, and you will see the statue of Viking King Olav, who founded the city in 977. Continue past the Folk Museum of Trøndelag that encircles the remains of "Sion", King Sverre's Palace, from approximately 1180. You will also see Stiftsgården, which is the 2nd largest wooden building in Scandinavia, built in 1778 and is now a royal residence. At the Fishmarket "Ravnkloa" you will see where the local fishermen sell fresh fish and seafood.

### Photo Stop at Kristiansten Fortress

Leaving the city center, you will make a photo stop at Kristiansten Fortress. From its hillside location, the fortress has stood guard overlooking the city since 1681 and was used as a place of execution for Norwegian members of the Resistance during World War II.

### Nidaros Cathedral

Returning to the city you will drive past the Nidaros Cathedral, Scandinavia's largest medieval building. The construction of the cathedral started in 1070 AD and is built over the grave of St. Olav. Therefore, the cathedral is an important destination for Christian pilgrims. The building has been destroyed several times by fire but has always been rebuilt. The oldest part of the cathedral dates back to the 12th century.

### Sverresli View Point

During the tour you will have also make a brief photo stop at Sverresli view point where you are able to enjoy the scenery of the city from above.

The tour concludes at the pier.

**Please note:** This tour involves a minimal amount of optional walking for approximately 440 yards (about 400 metres), at times over uneven and cobblestone surfaces and inclines, with a few steps to negotiate to get on/off the coach, and a few steps at the Kristiansten Fortress. This tour is suitable for guests with limited mobility and guests who utilise a wheelchair. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes and sun protection are recommended.

## TRD-J / Trondheim by Boat & on Foot

Difficulty



Price: \$149 - Duration: 3.00 hr(s) Start 9:00 AM and 1:00 PM

Explore historic Trondheim via land and water during a scenic boat ride on the Nid River and a walking tour through the city.

### Canal Cruise

Board your open-air boat for a cruise taking you through the canal and along Nid River. Cruise upriver between the colorful warehouses, the old bridge, the Kristiansten Fortress and to Nidaros Cathedral. After disembarking the boat at Ravnkloa, begin your guided walking tour through the city. Trondheim is one of Norway's oldest cities and on this walk you can savor its village atmosphere, with its characteristic blend of ancient and modern architecture.

### Walking Tour

Walk by the Market Square, home of the statue of King Olav, the founder of the city. Cross the charming Old Bridge and visit the old town of Baklandet, where many picturesque wooden houses are painted in vivid colors. Visit the first bicycle elevator with a lift specifically designed for cyclists. Upon arrival at Nidaros Cathedral you will see this splendid, 12th century gothic structure which is Scandinavia's largest medieval building. The construction of the cathedral started in 1070 AD and is built over the grave of St. Olav. The church is richly ornamented in stone and has magnificent stained-glass windows.

**Please note:** It is recommended that guests dress in warm layered clothing and wear flat, comfortable shoes. This tour covers up to 5 km of walking on some cobblestone roads. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. An inside visit of the Cathedral is not included in the tour. Guests will be provided with rain ponchos, blankets and life jackets onboard the open-air boats. Comfort stop available at Nidaros Cathedral. The tour may operate in reverse order.

### TRD-K / An Entertaining & Culinary Visit with Bjørn

Difficulty



Price: \$199 - Duration: 2.50 hr(s) Start 11:00 AM

Experience a very personal, entertaining and culinary visit to a local Norwegian's residence.

Just a short distance away from the town center you will arrive at a local residence, where you will be greeted and welcomed into the life of Bjørn. You will be treated to several traditional Norwegian dishes and beverages as you are entertained by this delightful host. Learn about the daily life of a Norwegian as Bjørn shares stories about food traditions and life in Trøndelag. This exclusive visit is a unique opportunity to get to know a Norwegian and share in their way of life. An experience you will never forget!

**Please note:** It is recommended that guests dress in warm layered clothing and wear flat, comfortable shoes. This tour involves walking approximately 4 km r/t on some cobblestone roads with 12 stairs in the home. This tour is not suitable for guests with limited mobility.

### TRD-P / Trondheim by E-Bike: A Scenic Ride Through History

Difficulty



Price: \$199 - Duration: 2.50 hr(s)

Discover Trondheim's vibrant neighborhoods and rich history on a relaxed e-bike tour.

After a short walk to the bike center, you'll receive a safety briefing before setting off to explore the city's most iconic sights. Your guide will lead you along the scenic fjord, crossing the new bike bridge for stunning views of Munkholmen, Trondheim's fortress island, once the site of Viking-era public executions.

Pause to capture photos and admire the city's architectural gems, including the iconic Nidaros Cathedral and the historic Archbishop's Palace. As you pedal through the charming Baklandet district, the Old Town, you'll pass rows of picturesque wooden houses that define Trondheim's character. On your return, ride through Solsiden, a former shipyard transformed into a lively hub of restaurants, bars, and local flair.

After cycling past Trondheim's most significant landmarks, head back to the bike center and return to your awaiting ship energized and enriched by this unique perspective on the city.

**Please note:** Terrain includes some moderate hills and inclines, however these are made easy with the e-bikes. Participants must be in good physical condition and must know how to ride a bicycle. Wear clothing suitable for riding a bike. Shade is

**limited; to avoid sunburn, wear light, long clothing suitable for use as a cover-up. Bring a hat and sunglasses. Bring bottled water. Helmets are provided and must be worn. Pregnant women are not allowed to participate. Wear comfortable walking shoes. Minimum height is 4'3" (130 cm). Minimum age is 12 years. Maximum weight is 275 lbs. The duration of the tour may vary slightly depending on the group's pace and the time spent at each stop. The tour may also operate in reverse order. Depending on docking location of the ship, a shuttle transfer may be required to reach the bike shop.**

## TRD-Q / Tautra Monastery RIB Adventure

Difficulty



Price: \$399 - Duration: 5.25 hr(s) Start 10:00 AM



Discover the wonders of Tautra Island in an exciting new way during this scenic and exhilarating, half-day RIB-boat excursion. Trondheim, Exhilarating RIB-Boat-Ride, Tautra Island

Depart the pier for the short walk to your awaiting rigid inflatable boat (RIB), After receive your safety and tour instructions and gear, set off on your exhilarating, approximately RIB-boat-ride to the small island of Tautra, known as the 'Pearl of the Trondheim Fjord'.

Guided Walking Tour, Abundant Bird-Life, Flora and Fauna, Monastery Ruins, Maria Monastery

Upon arrival at Tautra Island, take a guided walking tour. Along the way, discover an island rich with bird life, flora and fauna, and stop at monastery ruins dating from 1207. After exploring the monastery ruins, visit the Tautra Mariakloster (Maria Monastery), which is still an operating monastery. This new monastery houses 18 nuns, and is complete with a small church and all of the facilities needed to live.

Klostergården Farm, Beer Tasting

Leaving the monastery, a refreshment stop is made at the charming Klostergården Farm for an opportunity to savour a light lunch and some of their local beer. Afterward, re-board your RIB-boat and commence the approximately 30-minute drive back to the pier. Upon arrival, disembark your RIB, return your equipment and commence the short walk back to the pier.

**Please note: This tour involves an extensive amount of activity and an extensive amount of walking for approximately 1.24 miles (about two kilometres), at times over uneven, natural and slippery surfaces, with a few steps to negotiate to get on/off the coach and two large steps to embark/disembark the boat at the floating dock. This tour is recommended for active guests in good physical condition. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to seasickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers and a weatherproof jacket and pants with sturdy, flat, closed-toe walking shoes, and bring sun protection from the ship. A life vest, goggles and a weatherproof suit are provided; XL is the largest weatherproof suit size available. Guests must be at least six years old to participate on this tour; minors under the age of 18 must be accompanied by a parent or guardian over 18 years old. Guests weighing more than approximately 308 pounds (about 140 kilograms). Although frequently encountered on this type of tour, wildlife and marine life sightings are not guaranteed. A signed waiver is required to participate on this tour. A comfort stop is available at Klostergården. Operation of this tour, and the tour route taken, is subject to weather conditions. This tour may be cancelled at the last minute, and without prior notice. The tour sequence and timings may vary. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.**

JUNE 16 2026, TUESDAY

# Morning Seminars and Åndalsnes - Norway

## HIGHLIGHTS EXPERIENCES

### ADA-A / Scenic Rauma Railway with Golden Train

Difficulty

Price: \$199 - Duration: 3.00 hr(s) Start 9:30 AM and 12:30 PM



Experience the magnificent beauty of the expansive Romsdal range and fjord during this scenic, half-day excursion through the Rauma Valley.

åndalsnes Village, Romsdalsfjord, Rauma Railway Station

Depart the pier for the short, guided walk to the Rauma Railway Station. åndalsnes is a beautiful village situated on the Romsdalsfjord, and terminus for the Rauma Railway line connecting the Romsdal district with eastern Norway and the capital, Oslo. åndalsnes Village was bombed and almost destroyed during World War II, but it has been rebuilt along modern lines. The scenery is a dramatic; high mountains with jagged peaks surrounds the village.

Golden Train-Ride, River Rauma, Mount Romsdalshorn, Trolltindane, Troll Wall

Upon arrival at the Rauma Railway Station, your tour begins with a panoramic train-ride. Your route follows the renowned River Rauma, which abounds with salmon and has been a favourite amongst English anglers for more than a century. To the left, take in splendid views of the approximately 5,085-foot-high (about 1,550-metre-high) Mount Romsdalshorn. To the right is the Trolltindane, whose towering peaks reach a height of approximately 6,168 feet (about 1800 meters), and the Trollveggen, or 'Troll Wall', whose vertical, overhanging wall is over 3,281 feet (about 1,000 metres) in height.

Lesjaskog Lake, Waterfalls, Kylling Bridge, Bjarli Railway Station, Valley, Troll Wall

Next, continue through the fascinating landscape along the River Rauma that descends from the Lesjaskog Lake, and forms many attractive waterfalls on the way. From here, cross over the Kylling Bridge, which offers a dramatic view down into the canyon approximately 180 feet (about 55 metres) below, with a foaming river at the bottom. Built exclusively from natural stone, this bridge is an impressive work of engineering. Upon arrival at the Bjarli Railway Station, which stands approximately 1,883 feet (about 574 metres) above sea level, board a coach and drive down one of Norway's most beautiful valleys, which features impressive peaks rising straight up from the valley floor. A photo stop is made at the 'Troll Wall' massif, which is popular among mountain-climbers. Afterward, re-board your coach and commence the short drive back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 219 yards (about 200 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach and board/de-board the train. This tour is not suitable for guests with a fear of heights, guests prone to motion sickness, guests with a fear of tunnels, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes, and bring sun protection and a weatherproof jacket. One group starts out by train and returns by bus, whilst the second group leaves by bus and returns by train. Guests starting their journey by train will be escorted to the platform and assisted by train personnel as needed. Scenic commentary is provided over the loudspeakers during the train ride. A guide will meet the group upon arrival at Bjarli station. For guests beginning by coach, the guide will meet the group at the pier and escort participants to the train and designated carriage at the end of the bus journey. A train host will be present throughout the journey to assist guests. The train is a public service and train seats cannot be reserved in advance, window seats or seats next to each other may not be guaranteed.

## ADA-B / The Spectacular Troll Wall (INCLUDED)

Difficulty



Duration: 3.00 hr(s) Start 9:00 AM and 1:00 PM

Discover the spectacular natural topography and religious history of Norway during this picturesque, half-day sightseeing excursion.

åndalsnes, Isfjorden Village, Leirheim Farm, Rødven Stave Church

Depart the pier for the scenic, approximately 35-minute minute drive to the Rødven Stave Church. En route, pass by the village of Isfjorden, noted for its little clothing and woodworking factories, and Leirheim Farm. Upon arrival at the Rødven Stave Church, a visit is made to this historic building, which dates from the 14th century and is now in the possession of the Society for the Preservation of Ancient Norwegian Monuments.

The wooden stave churches of Norway are the most famous and characteristic achievements of medieval Norwegian architecture. The distinguishing feature of their construction is the use of vertical planks, or 'staves', which are either anchored in the ground or connected to a horizontal base.

River Rauma, Mount Romsdalshorn, Trolltindane, Troll Wall

Next, re-board your coach and head back towards åndalsnes, then proceed along the renowned River Rauma, which abounds with salmon and has been a favourite amongst English anglers for more than a century. To the left, take in splendid views of we have views of the approximately 5,085-foot-high (about 1,550-metre-high) Mount Romsdalshorn. To the right is the Trolltindane, whose towering peaks reach a height of approximately 6,168 feet (about 1800 meters), and Trollveggen, or 'Troll Wall', whose vertical, overhanging wall is over 3,281 feet (about 1,000 metres) in height and popular among mountain-climbers.

At the conclusion of your visit, commence the approximately 15-minute drive back to the pier via the same road.

**Please note: This tour involves a moderate amount of walking for approximately 875 yards (about 800 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, ten steps at the Rødven Stave Church. This tour is not suitable for guests with a fear of heights, guests prone to motion sickness, guests with a fear of tunnels. Guests with limited mobility and wheelchair users may opt out of the visit to the Stave Church. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes. The tour sequence may vary. The tour does not include the Troll Road which is subject to closures.**

## ADA-B / The Spectacular Troll Wall GROUP 11978-25 (INCLUDED)

Difficulty



Price: \$99 - Duration: 3.00 hr(s) Start 12:30 PM

Discover the spectacular natural topography and religious history of Norway during this picturesque, half-day sightseeing excursion.

åndalsnes, Isfjorden Village, Leirheim Farm, Rødven Stave Church

Depart the pier for the scenic, approximately 35-minute minute drive to the Rødven Stave Church. En route, pass by the village of Isfjorden, noted for its little clothing and woodworking factories, and Leirheim Farm. Upon arrival at the Rødven Stave Church, a visit is made to this historic building, which dates from the 14th century and is now in the possession of the Society for the Preservation of Ancient Norwegian Monuments.

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River Rauma, Mount Romsdalshorn, Trolltindane, Troll Wall

Next, re-board your coach and head back towards åndalsnes, then proceed along the renowned River Rauma, which abounds with salmon and has been a favourite amongst English anglers for more than a century. To the left, take in splendid views of we have views of the approximately 5,085-foot-high (about 1,550-metre-high) Mount Romsdalshorn. To the right is the Trolltindane, whose towering peaks reach a height of approximately 6,168 feet (about 1800 meters), and Trollveggen, or 'Troll

Wall', whose vertical, overhanging wall is over 3,281 feet (about 1,000 metres) in height and popular among mountain-climbers.

At the conclusion of your visit, commence the approximately 15-minute drive back to the pier via the same road.

**Please note:** This tour involves a moderate amount of walking for approximately 875 yards (about 800 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach, ten steps at the Rødven Stave Church. This tour is not suitable for guests with a fear of heights, guests prone to motion sickness, guests with a fear of tunnels. Guests with limited mobility and wheelchair users may opt out of the visit to the Stave Church. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes. The tour sequence may vary. The tour does not include the Troll Road which is subject to closures.

## ADA-D / Savour Traditional Norwegian Delicacies

Difficulty



Price: \$199 - Duration: 2.50 hr(s) Start 2:00 PM

Visit the agricultural Woldstad Farm, nestled within the stunning Kyrkjetaket and Gjuratinden mountains, just outside the village of Isefjorden.

The farm carries on its family traditions established in 1654, with consistent ownership and operation by the Woldstad family. The farm's original main barn is now a restaurant, converted with careful attention to preserving its original beams and other charming details.

### Norwegian Traditions

Depart by coach and drive just a short distance (10 minutes) to the lovely Woldstad Farm. Receive an introduction to what life is like on an old family farm, with a window on its history as well as the chance to experience Norwegian culture for yourself. Your host encourages questions, as the farm owners are passionate about sharing how life in this challenging (yet scenically beautiful) place has changed over the centuries.

### Local Tasting & Svele Baking

Enjoy a tasting of local specialties made on the farm as well as produce grown here. Try the svele (a traditional, thick pancake), or some apple or blueberry pie, along with locally-made cheese and homemade jams.

Take some time to wander the agricultural farm on your own, taking pictures or just absorbing the beauty of the setting. Return to the pier.

**Please note:** This excursion involves a moderate amount of walking, mainly at guests' discretion. The tour is suitable for guests with mobility difficulties and wheelchair users as long as they can negotiate the steps on and off the coach. Guests are recommended to wear comfortable flat shoes and dress in layers. Space on this tour is quite limited; we suggest you book well in advance to avoid disappointment. This is an agricultural farm, therefore visit does not include any animal viewing. The tour includes a large amount of local food, therefore it is recommended to have a light meal before leaving.

## ADA-G / Romsdalen Cable Car & Nature Walk

Difficulty



Price: \$149 - Duration: 1.00 hr(s) Start: 9:30 AM and 11:00 AM

Enjoy a spectacular ride on The Romsdalen Gondola, Norway's longest cable car and continue with a scenic walk on the top of the Nesaksla mountain.

### Romsdalen Gondola

The Romsdalen Gondola is Norway's longest cable car, and the bottom station is located right in the center of the mountaineering capital Åndalsnes. It has been built with innovative and sustainable solutions, and opened in May 2021.

Meet your guide on the pier, who will take you for a brief walk to the cable car station, where your short but incredible ride will begin.

### Nesaksla Mountain Nature Walk

Upon arrival at the Nesaksla mountain, follow your guide through some of the several hiking trails, featuring spectacular views of the fjords, your ship and majestic mountains. Walk for approximately 1 kilometre, while listening to your guides commentary. The hike ends at the gondola station at the top of the mountain, where you may choose to further enjoy the spectacular mountain views before taking the gondola down the mountain and returning to the pier.

**Please note:** This excursion involves an extensive amount of walking of approximately 2 kilometres, over uneven ground and natural surfaces. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are recommended to wear walking shoes and dress in layers. At the end of the nature walk, guests may opt to stay longer at the top station, try out different walking trails or have some refreshments at their own expense. Guests may return back to the ship via cable car at their own leisure.

## ADA-H / Rampstreken Hike

Difficulty



Price: \$99 - Duration: 4.00 hr(s) Start 8:30 AM and 12:30 PM

This strenuous hiking tour starts at the pier and follows a trail which ascends steeply until reaching the view point, Rampstreken, 537 metres above sea level.

### Romsdalstrappa Hike & Steps

Leave the pier on foot and climb the Romsdal mountain on a strenuous hike.

When you reach about 430m above sea level the trail steepens into stone steps, where the path is made durable thanks to wonderful pieces of stone construction works by Nepalese Sherpas. Worth a study itself, called Romsdalstrappa, the steps provide a solid path most of the way to the top. The path is well marked with signposts and red marks painted on trees and rocks.

### Rampstreken View Point

From the Rampstreken view point, enjoy a 360 degrees view over the fjord, mountains and your ship.

On the way back return via the same hiking trail, climbing down the steps.

**Please note:** This tour requires an extensive amount of activity and is suitable only for those guests who are physically fit and experienced at hiking. Wear hiking boots, dressing in layers and bringing along sun screen or rain gear if necessary. A little waist or back pack may be helpful to carry water from the ship, camera and clothing accessories as needed. Walking is on steps, hiking paths, grass and uneven surface, uphill and downhill. The strenuous hike up to the view point will take approximately 90 minutes, while the hike down back to the pier will take approximately one hour, however overall duration may change depending on the fitness level of the group. The tour is not recommended to guests with fear of heights and to guests with knees problems. Guests who are struggling with the steep downhill hike, may opt to return to the ship using the cable car at their own expense. The tour operates in all weather conditions.

Minimum age to participate is 12 years old.

## ADA-I / Romsdalsfjord by RIB

Difficulty



Price: \$199 - Duration: 1.50 hr(s) Start 9:30 AM and 1:30 PM

Your adventure begins at the pier, where you'll take a short walk to your Rigid Inflatable Boat. After a brief safety briefing and some instructions, you'll suit up in a windproof outfit and experience an exhilarating RIB ride through the Romsdalsfjord.

With its crystal-clear waters, towering mountains, and dramatic landscapes, this fjord is a true gem of Norway's west coast. As your Captain speeds through what appears to be a never-ending fjord you'll be treated to stunning scenery and magnificent rock formations. The RIB boat ride will last approximately one hour.

**Please note:** We recommend dressing comfortably and according to the weather. Guests must be in good physical condition. Avoid wearing open-toe shoes. Guests will remain on the RIB for the entire duration of the tour.

## ADA-L / E-Bike &amp; Hike

Difficulty

Price: \$219 - Duration: 5.00 hr(s) Start 10:00 AM



Meet your guide at the pier and walk the short distance to the bike depot where you'll be fitted with a helmet and e-bike. After an orientation and safety briefing, start your 15 km (9.3 miles) ride through Venjedalen Valley, heading towards Littlefjellet peak. Along the way, you'll see well-known landmarks like Romsdalshorn, the Troll Wall, and Venjetindane. Once the bike ride concludes, embark on a one-hour hike to the summit of Littlefjellet. At the top, take in the panoramic views, relax, and enjoy a selection of local snacks. Then, hop back on the bike and return the 15 km to åndalsnes, completing a memorable journey through the valley.

## ADA-M / Fjord Kayaking

Difficulty

Price: \$149 - Duration: 3.00 hr(s) Start 8:30 AM



After the short walk to the kayaking base in åndalsnes, you will receive the equipment, be provided with a brief safety session, and details about the trip ahead.

While gliding on the calm waters, you'll experience breathtaking views of the iconic Romsdal Alps. From your kayak, you'll see famous peaks like Kirketaket, Loftsskarstind, and Klaava up close.

Kayaking is easy to get into, requires little time or effort, and offers an unforgettable way to connect with nature.

**Please note: Guests should be comfortable around water and able to swim. Expect to get a little wet during the tour. Double kayaks will be used. Life jackets are provided and must be worn.**

## ADA-N / The Troll Path &amp; Cable Car

Difficulty

Price: \$199 - Duration: 4.00 hr(s) Start 8:30 AM



Embark on an unforgettable journey starting from the picturesque pier, where you'll board a comfortable coach heading into the breathtaking Romsdal Valley. Your guide will share captivating stories and insights about the region's rich history and stunning geography as you traverse this scenic landscape.

Ascend the legendary Trollstigen mountain road, renowned for its 11 hairpin bends and cascading waterfalls. Feel the thrill as your coach navigates this iconic route, culminating at the panoramic viewing platform. From here, enjoy short walks to soak in mesmerizing vistas of winding roads, towering mountains, and lush valleys.

Experience the thrill of descending Trollstigen once more, offering a fresh perspective on the spectacular terrain. Your journey continues with a memorable stop at the Troll Wall—the highest vertical rock face in Europe—where your guide will share fascinating facts about its geology and significance.

Next, transfer to the town center of åndalsnes, nestled amidst the majestic Romsdal mountains. Take a scenic ride aboard the modern Romsdals gondola, that whisks you from the fjord to the summit of Nesaksla mountain at 708 meters above sea level. From this vantage point, enjoy sweeping 360-degree views of the Romsdal Valley, the Venjetindene peaks, the vibrant town below, and the emerald-green Rauma River.

Explore the well-marked paths at the top, which lead to several spectacular viewpoints, offering perfect photo opportunities and a chance to immerse yourself in the stunning natural surroundings.

After the exploration, enjoy a taste of local made brown cheese ice cream.

The tour ends with the cable car ride back to the pier.

**Please note:** This tour involves a moderate amount of walking for approximately 875 yards (about 800 metres), at times over uneven surfaces, with a few steps to negotiate to get on/off the coach. This tour is not suitable for guests with a fear of heights, guests prone to motion sickness, guests with a fear of tunnels. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes. The tour sequence may vary.

JUNE 17 2026, WEDNESDAY

# Olden - Norway

## HIGHLIGHTS EXPERIENCES

### OLD-C / Briksdal Glacier with Trollcars

Difficulty

Price: \$199 - Duration: 4.00 hr(s) Start 8:15 AM and 12:15 PM



Embrace the scenic splendour of Norway during this panoramic, half-day excursion to the renowned Briksdal Glacier.

#### Glacial Lakes and Valleys

Depart the pier for the scenic, approximately 40-minute drive to the Briksdal Mountain Lodge. En route, drive through the valley along the shore of the Floen and Olden lakes. Ahead of you, view the long white stretch of the Melkevoll Glacier. The road ascends through woodlands to the Briksdal Mountain Lodge at the end of the road.

#### Glacial drive with Trollcars and Briksdal and Jostedal Glaciers

Upon arrival, begin your guided, approximately 15/20 minutes drive with Trollcars. After crossing the river, climb the lovely scenic switchback path to the top of a waterfall. Here, take in the view of the Briksdal Glacier, the largest arm of the Jostedal Glacier, the largest glacier on the European mainland.

#### Briksdal Glacier and Mountain Lodge

The first part of the drive is somewhat steep, but the uneven terrain flattens out upon reaching the highlight of your tour, the Briksdal Glacier itself. A stop is made here to take in the stunning beauty of this imposing natural wonder. Afterward, drive back the same route back to the Briksdal Mountain Lodge. Following a refreshment stop with coffee and cakes and some time to browse the gift shop, re-board your coach and commence the approximately 45-minute drive back to the pier.

**Please note: This tour involves a moderate amount of walking only in the Briksdal Glacier, at times over uneven surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not recommended for guests who utilise a wheelchair. Weather appropriate clothing, preferably in layers and weather proof (rain jacket and trouser in case of rain) with flat, closed-toe walking shoes are recommended.**

### OLD-F / Olden Kayak Tour

Difficulty

Price: \$99 - Duration: 2.50 hr(s) Start 8:30 AM and 1:00 PM



Experience the magnificent green water on the Nordfjord, surrounded by steep Mountains, soaring waterfalls and glaciers. Start from the cruise pier in Olden. After a safety briefing, head out on the glacial water of the Nordfjord.

**Note: This tour has an extensive amount of activity, and is recommended for good swimmers in excellent physical condition. This tour is not suitable for guests with limited mobility or those who utilize a wheelchair, neither for pregnant women. Guests will be provided with wetsuit, water shoes, life jacket, and a waterproof box for cameras or cell phones. A combination of double and single kayaks are used. Space is limited; reserve this well in advance to avoid disappointment. Guests must be at least 6 years old to participate. Children must share a kayak with an adult, be confident swimmers under all weather conditions. In case the ship is anchored off the village of Loen, a bus transfer will be included to start the kayak tour in Olden.**

## OLD-G / Briksdal Glacier Hike

Difficulty

Price: \$189 - Duration: 4.00 hr(s) Start 8:30 AM and 12:15 PM



Embrace the scenic splendour of Norway during this panoramic, half-day excursion to the renowned Briksdal Glacier.

### Glacial Lakes and Valleys

Depart the pier for the scenic, approximately 40-minute drive to the Briksdal Mountain Lodge. En route, drive through the valley along the shore of the Floen and Olden lakes. Ahead of you, view the long white stretch of the Melkevoll Glacier. The road ascends through woodlands to the Briksdal Mountain Lodge at the end of the road.

### Hike Briksdal and Jostedal Glaciers

Upon arrival, begin your hike to Briksdal Glacier. After crossing the river, climb the lovely scenic switchback path to the top of a waterfall. Here, take in the view of the Briksdal Glacier, the largest arm of the Jostedal Glacier, the largest glacier on the European mainland.

### Briksdal Glacier and Mountain Lodge

A stop is made here to take in the stunning beauty of this imposing natural wonder. Afterward, walk back the same route back to the Briksdal Mountain Lodge. Following a refreshment stop with coffee and cakes and some time to browse the gift shop, re-board your coach and commence the approximately 45-minute drive back to the pier.

**Please note: This tour involves an extensive amount of approximately 5 kilometres in total, over uneven surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not recommended for mobility challenged guests or guests who utilise a wheelchair. Wear hiking boots, dressing in layers and bringing along sun screen or rain gear if necessary.**

## OLD-I / Stunning Nordfjord (INCLUDED)

Difficulty

Duration: 4.00 hr(s) Start 11:00 AM and 12:30 PM



Enjoy a wonderful ride through the gorgeous scenery surrounding Nordfjord.

Marvel in the sublime views of the Nordfjord, Norway's sixth longest fjord, and Hornindal Lake, Europe's deepest lake.

### Robjørgane & Nos Viewpoints

Relax as your journey through the spectacular scenery of the Nordfjord region.

This scenic excursion starts in the charming village of Olden right at the head of the Nordfjord penetrating some 110 kilometres deep into the country.

Winding your way through the quaint villages and rugged mountains, enjoy a photo stop at Robjørgane. Continue to Nos viewpoint, boasting magnificent views from over 1,600 feet above sea level.

### Hornindal Lake

After admiring your remarkable surroundings, you journey will continue along the stunning fjord. As you approach the end of Nordfjord, turn inland via Nordfjordeid towards Lake Hornidal. As well as Europe's deepest lake (1,686 ft), this vast body of water is Europe's clearest lake, as it contains no glacial runoff.

Finally, with lake panoramas framed by snow-capped mountains, make your way back to the pier.

**Please note: This tour involves a minimal amount of walking and is recommended for mobility challenged guests or guests who utilise a wheelchair as long as they can negotiate the steps on and off the coach. Weather appropriate clothing, preferably in layers and weather proof (rain jacket and trouser in case of rain) with flat, closed-toe walking shoes are recommended. The tour includes several tunnels and is not suitable for guests suffering from vertigo.**

## OLD-J / Spectacular Loen Gondola

Difficulty

Price: \$199 - Duration: 2.00 hr(s) Start 8:45 AM and 2:15 PM



Ride the spectacular Loen Gondola and enjoy stunning views of the Nordfjord area.

## Loen Gondola

Upon arrival at Loen you will board the gondola and ride up the mountain. Within 5 minutes you will reach the top at 1011 meters above sea level. From the top of the mountain enjoy magnificent views over the end of the Nordfjord region and the beginning of the Jostedal Glacier National Park.

You will have approximately 45 minutes of time at your leisure to explore the viewing area, browse the gift shop and enjoy some traditional Norwegian refreshments at your own expense.

**Please note:** This tour involves a minimal amount of walking, at times over uneven and natural surfaces. Walking at the Loen Gondola top station is at the discretion of each guest. This tour is suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe and non-slip walking shoes, and bring sun protection, a weatherproof jacket, umbrella, bottled water, and credit cards and/or local currency for purchases from the ship.

If the ship is docked in Olden, a coach transfer from Olden to Loen will be included. If the ship is tendering in Loen, the Skylift departure station is located within short walking distance from the tender pier.

Views from the top station are weather dependant and no refund will be given in case of cloudy conditions.

## OLD-K / Nordfjord Rib Adventure

Difficulty

Price: \$199 - Duration: 1.00 hr(s) Start 9:00 AM



From the pier, a short walk takes you to your awaiting rigid inflatable boat (RIB), where you will receive your gear and a safety briefing before embarking on your thrilling speedboat adventure.

The majestic, deep-blue Nordfjord is one of the world's most beautiful waterways. Surrounded by snowcapped mountains, wild waterfalls and lush greenery, a journey through the waters of this remarkable natural treasure is like stepping into a fairy tale. Your agile, open-air RIB will provide an intimate experience of the region's many enchantments.

## Mountains, Waterfalls, Glaciers

As you glide through the fjord, get an up-close experience of the breathtaking landscapes of the villages of Olden, Stryn, and Loen, nestled among the steep mountains, blue glaciers, and waterfalls created by melting snow and glaciers. Learn a bit of Viking history and culture as your guide shares insights about the seafaring warriors who once sailed these waters.

All too soon, it's time to sail back to the village pier.

**Please note:** As this is an active adventure, it is not suitable for pregnant women and guests with heart, back or neck problems, or conditions which may be affected by the fast, bumpy ride of the watercraft. It is not wheelchair accessible, and guests must be physically able to board the RIB boat. For your safety and comfort, all necessary gear is provided (floatation suit, life vest, hat, gloves, and goggles). It is recommended that guests dress in warm layers and wear flat, closed-toe shoes. Guests will remain on the RIB for the duration of the tour. If the ship is anchored off the village of Loen, the tour will begin and end with a bus transfer to Olden.

## OLD-L / Scenic Olden By E-Bike

Difficulty

Price: \$199 - Duration: 2.50 hr(s) Start 9:00 AM



## Mountains, Valleys, Pastures

Walk the short distance from your ship to a bike shop, where your guide will provide a brief orientation on the e-bikes and your route. Kick-start your electric bike ride as you pedal through charming Olden, with its glacier-carved mountains, green valleys, and picturesque pastures. Experience the refreshing breeze as you make your way to Strand Farm, a hidden gem nestled in the heart of nature. Here, take a break and enjoy delicious snacks amid the serene surroundings. Resume your cycling journey as you head toward the Sunde observation point.

Enriched by your immersion in Olden's majestic beauty, your biking adventure concludes at the pier and your awaiting ship.

**Please note: This is an active adventure and is not recommended for guests with physical limitations. Guests must know how to ride a bike. The cycling route is approximately 12 miles. It is recommended that guests dress in warm layers, wear closed-toe shoes, and bring rain gear. A wool or fleece sweater and hat are recommended for cold-weather days. If the ship is anchored off the village of Loen, the tour will start and end with a bus ride to Olden.**

## OLD-M / Memorable UNESCO Geirangerfjord &amp; Mount Dalsnibba

Difficulty

Price: \$299 - Duration: 7.50 hr(s) Start 9:30 AM



Witness Norway at its jaw-dropping best on this scenic drive along the fjord and up to Mount Dalsnibba, before descending to the charming village of Geiranger, nestled at the end of UNESCO-listed Geiranger Fjord, one of the most dazzling of all Norwegian fjords. Lunch and a ferry ride through the fjord complement this panoramic road trip.

## Mount Dalsnibba

Start your scenic adventure with a relaxing, two-hour drive that takes you past glorious fjord and mountain scenery to Geiranger, a fairy-tale-like village situated at the end of a magical fjord. Along the way, a photo stop is made at Mount Dalsnibba, one of Norway's tallest peaks, offering sweeping views of the surrounding area.

## Geirangerfjord, Seven Sisters

Upon arrival in Geiranger, enjoy a delicious lunch and some free time to marvel at majestic mountain scenery. Afterward, a ferry ride through the magnificent Geiranger Fjord, passing by the famous "Seven Sisters Waterfall", takes you to the town of Hellesylt, where you'll continue your panoramic journey by motor coach, passing beautiful Hornindal Lake and the quaint village of Stryn on the way back to the pier in Geiranger and your awaiting ship.

**Please note: This tour requires a minimal amount of walking; however, guests must be able to enter/exit the coach via steps. Guests may remain on the coach during the photo stop. This tour is suitable for guests with limited mobility. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes and sun protection are recommended. The order of sights visited may vary and the tour may operate in reverse order. The tour involves an extensive amount of driving. The ferry is public and not exclusive to Silversea.**

## OLD-O / Norwegian Fjords by Land and Sea

Difficulty

Price: \$269 - Duration: 4.50 hr(s) Start 8:00 AM



Board your coach by the pier for an approximately one-hour drive to Bjørke.

Travel inland through scenic landscapes dotted with charming villages, while your guide shares fascinating insights into the region's rich history and folklore.

#### Hjørundfjord and Norangsfjord Cruise

Upon arrival in Bjørke, embark on a breathtaking cruise along the Hjørundfjord and Norangsfjord. These fjords are framed by towering mountains, picturesque villages, and cascading waterfalls, creating an unforgettable setting. Steeped in history and mythology, Hjørundfjord is famously linked to the legendary Battle of Hjørungavåg in the 10th century. Its deep, crystal-clear waters mirror the surrounding peaks, offering a serene and photogenic atmosphere.

During the 90-minute boat journey, savor a traditional Norwegian waffle served on board!

After arriving in the village of øye, rejoin your coach and begin the return drive to the ship, passing through the dramatic Norangsdal Valley and along the shores of Hornindal Lake. Several photo stops will be made along the way to capture these stunning vistas.

**Please note: This tour requires a minimal amount of walking; however, guests must be able to enter/exit the coach via steps. This tour is suitable for guests with limited mobility. Comfortable, weather-appropriate clothing, flat, closed-toe walking shoes and sun protection are recommended. The order of sights visited may vary and the tour may operate in reverse order.**

## OLD-P / UNESCO Geirangerfjord RIB Experience

Difficulty



Price: \$199 - Duration: 4.00 hr(s) Start 10:00 AM

Begin your journey in Olden with a scenic coach tour through the breathtaking landscapes of western Norway. As you travel past shimmering lakes, lush valleys, and towering mountains, your local guide will share fascinating stories and historical insights that bring the region to life. Along the way, enjoy photo stops at viewpoints that showcase why this area is part of a UNESCO World Heritage Site.

Upon arrival in Hellesylt, meet your experienced RIB guide and board a high-speed RIB boat for an exhilarating fjord adventure. With a maximum of 12 guests per boat, this small-group experience offers an intimate way to explore the iconic Geirangerfjord. Feel the thrill of speed and the fresh fjord air as you glide through one of Norway's most celebrated natural wonders.

Your route includes close-up views of spectacular sights such as the Seven Sisters Waterfall, the Suitor (Friaren), and the Bridal Veil (Brudesløret). You'll also spot historic mountain farms like Skageflå and Knivsflå, perched high on the fjord's slopes. The captain will bring the boat close to the waterfalls so you can feel the mist and fully immerse yourself in the beauty of the surroundings. Several stops provide time for photos and for your guide to share local legends and cultural heritage.

After an unforgettable hour on the fjord, relax on the coach ride back to Olden, reflecting on a day filled with natural splendor and authentic Norwegian experiences.

**Please note: This tour involves an extensive amount of physical activity. This tour is not suitable for pregnant guests, guest with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear warm, comfortable clothing in layers with flat, closed-toe walking shoes. Guests must be at least 4 years old to participate on this tour. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions. on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.**

## SIGNATURE EXPERIENCES

### OLD-E / Jostedals Glacier by Helicopter

Price: \$599 - Duration: 1.00 hr(s) Start 9:00 AM, 9:45 AM, and 11:00 AM

Difficulty



Experience the breath-taking natural scenery and panoramic vistas of Norway from a unique perspective during this captivating flight-seeing excursion.

#### Olden, Innvikfjord and Nordfjord

Depart the pier for the short drive to the helipad in Tyvaneset. Upon arrival, receive your safety instructions, board your helicopter and lift-off for your approximately 30 minutes, narrated flight-seeing tour. Your route begins over Olden, which lies at the head of the Innvikfjord, a branch of the Nordfjord.

#### Jostedals Glacier

Next, fly over the Jostedals Glacier, the largest glacier on mainland Europe. This glacier has 22 named outlets, or 'glacial arms' or 'tongues', many of which are accessible from Olden. The area offers spectacular scenery, shaped over thousands of years by glacial erosion. Faults and fractures underneath the glacier have carved out valleys and mountain passes.

#### Myklebust Glacier, Briksdal Glacier, Brenndal Glacier

Highlights to be seen during your helicopter flight-seeing tour include the Myklebust Glacier, Briksdal Glacier, Brenndal Glacier, eastern part of the Nordfjord, Loen valley and Lake Loen. At the conclusion of your tour, return to the helipad, re-board your car and commence the short drive back to the pier.

**Please note: This tour involves a minimal amount of walking; however, guests must negotiate the steps to board/de-board the helicopter. This tour is not suitable for guests with a fear of heights, guests prone to airsickness, guests with limited mobility and guests who utilise a wheelchair. Due to safety reasons, guests who are not mobile self-sufficient, will not be allowed to board the plane. Children between the age 3-16 must be accompanied by an adult and need to book their own seat. The total passenger weight cannot exceed 1200 pounds (about 540 kilograms) which means that the maximum weight is approximately 77kg per person or 155kg per couple. It is imperative that accurate weights for all guests are submitted 48 hours prior to the flight. Due to weight and balance limitations, as well as individual safety and comfort, seating is assigned at the pilot's discretion and tour departure time may be altered onboard. No refund will be given to guests who on the day are exceeding the weight restrictions. A window seat cannot be guaranteed. The total flight time is approximately 30 minutes; flight times can vary based on flight conditions. A signed waiver is required to participate on this tour. Operation of this tour is subject to weather conditions, and may be cancelled on short notice. Views are not guaranteed and no refund will be given in case of cloudy conditions.**

### OLD-H / S.A.L.T. Aabrek Farm Life

Price: \$299 - Duration: 3.00 hr(s) Start 11:00 AM

Difficulty



Enjoy the approximately one-hour spectacular scenic drive from Olden, through the river valley of Oldedalen, passing Oldevatnet to arrive at Aabrek Farm.

#### Aabrek Farm

At the Farm you will meet Signe and her son Sindre, who will walk you around the property and show you how everyday life is like: from picking the potatoes out of the ground to milking the goats.

#### Farm Lunch

Following your farm visit, you will be taken to your table, where you will be served a taste of the produce from both Aalbrekk farm and its surrounding farms, depending on what has been harvested that season and year. While eating Signe will talk about the food, how it is prepared, stored and cooked for you, following ancient traditions. You will get to know the different ways food has been preserved and passed on from generation to generation.

After a very fascinating visit, reboard your coach driving down the valley and back to the pier.

**Please note:** This tour involves a moderate amount of walking at times over uneven surfaces and inclines, with a few steps to negotiate to get on/off the coach. This tour is not recommended for guests who utilise a wheelchair. Weather appropriate clothing, preferably in layers and weather proof (rain jacket and trouser in case of rain) with flat, closed-toe walking shoes are recommended. Guests must be at least 18 years old to be served alcoholic beverages.

JUNE 18 2026, THURSDAY

# Vik - Norway

## HIGHLIGHTS EXPERIENCES

### VIK-A / Iconic Norway: Flåm Railway & Scenic Fjordland

Difficulty



Price: \$389 - Duration: 8.00 hr(s) Start 9:00 AM

This full-day outing combines the exhilaration of a world-famous mountain railway ride with the intriguing iconography of a medieval Viking, plus multiple waterfalls, idyllic fjordside villages, and more. It begins with a lengthy and wonderfully scenic drive across the lush Vestland landscape and into steep and narrow Flåm Valley. There, you'll enjoy an early buffet lunch before walking to the Flåm train station to begin the thrill ride component of your day.

The famous Flåm Railway is one of the steepest railways in the world, ascending from sea level to 2,700 ft elevation in just 45 minutes \ and offering truly breathtaking views of dramatic cascades, rugged cliffs, and deep ravines throughout the journey. Stepping off briefly at Kjosfossen waterfall, snap some close-up photos and breathe in the splendor of this spot. Ahead is Myrdal Station, where you'll transfer to the Bergen Railway for a second remarkable mountain-crossing journey that skirts dramatic drops and past torrenting rivers to reach Voss, a village where adventure sport is a year-round obsession.

Have some free time to explore and enjoy a refreshment stop, before reboarding your coach for the two-hour return drive toward Vik. And it's a stunner \ winding around sharp bends and through tunnels, traversing the rugged Vika Mountain landscape with panoramas of the Sognefjord and Vik in the distance. En route, stop to admire multi-stranded Tvinde Waterfall as it cascades down the sheer cliff face.

One more landmark remains on the agenda: the spectacular 12th-century Hopperstad Stave Church just outside Vik. Despite being portrayed in fiction as wildly barbaric, the Vikings were key to the spiritual development of early Norway. From here, the pier is just 10 minutes away.

**Please note: This moderate excursion involves about 2km of walking throughout the day and periods of standing at the visited sites. Guests must be able to board the coaches without assistance. This excursion includes extensive driving. Several tunnels are transited. Wear weather-appropriate, comfortable clothing, and bring your preferred sun protection and best camera. The order of sights and activities may vary. Hopperstad Stave Church is visited from the outside only.**

**Due to train schedule, the tour will include an early buffet brunch at approximately 11am, guests are recommended to have a light breakfast.**

### VIK-B / Arnafjord by RIB

Difficulty



Price: \$199 - Duration: 2.00 hr(s) Start 9:00 AM and 11:00 AM

Embark on a journey of a lifetime cruising the emerald green waters of the stunning Sognefjord. After a safety briefing and instructions, you'll suit up in a protective, wind-proof outfit and board your Rigid Inflatable Boat (RIB), setting off on a truly unforgettable adventure. This lightweight, high-performance boat can ideally navigate the varying conditions and bring you up close to nature's surprises, maneuvering through narrow waterways and uncovering hidden treasures.

First, cruise down the breathtaking Arnafjord, a lushly landscaped arm of Sognefjord known for its many cascading waterfalls and lush green sprawling mountain landscapes. Incredibly vibrant in the spring and summer, you'll encounter small farms, including the hill farm Bungane, perched on a mountain ledge almost 500 meters above the fjord.

Next, continue down the most remote arm of Sognefjord, Finnavfjord, or hidden fjord known for its lush, nearly untouched nature. Journey across this part of the Stølsheimen Landscape Conservation Area and pass through a small tidal current,

experiencing how a fjord system functions with the passing tidal changes. Then, you'll cruise through a narrow straight to come onto what many consider paradise on Earth, Finnabotnen.

Here in this remote, barely touched by modern society wonderland, mountains plunge into the mirror-like fjord, and the only sounds heard are those of the wind, birds, and waterfalls. Far from road access, this spectacular fjord's small farms and magnificent sites are hidden gems few will ever experience. Revel in the peaceful beauty with dramatic steep mountainsides all around \ some of the most beautiful scenery Fjord Norway has to offer. Your RIB returns you to the pier and to rejoin the ship.

**Please note: This tour involves a moderate amount of activity and good physical condition, including the physical ability to sustain a fast and often bumpy boat ride, making this tour less recommended for guests with limited mobility and not accessible for guests who utilise walkers or a wheelchair. This tour is not recommended for those with neck or back conditions. Minimum age to participate is 12, and there is a weight restriction of approximately 300 lbs per guest. Guests are recommended to wear comfortable clothes and shoes with non-slip soles, and to bring a towel and bottled water. Space on this tour is limited; we suggest you book well in advance to avoid disappointment. Wildlife sightings are likely but not guaranteed.**

## VIK-C / Fjords & Glacier

Difficulty



Price: \$199 - Duration: 6.00 hr(s) Start 10:15 AM

Experience the spectacular fjord and ice landscape of Norway firsthand as you visit an arm of the massive Jostedalsbreen Glacier and explore the country's award-winning center for glacier and environmental knowledge, the Norwegian Glacier Museum in Fjaerland.

From Vikøyri, a brief 20-minute drive brings you to Vangsnes pier, where you'll board the local ferry for a short but immensely scenic crossing over the Sognefjord to Hella, on the other side. From there, get ready for an abundance of impressive fjordland scenery as your drive continues for about 90 minutes en route to Fjærland Valley. You'll skirt the Norafjorden and narrower Sogndalsfjorden, pass through the Sogndal Valley, and traverse two tunnels cut straight through the mountains \ witnessing a landscape sculpted by glaciers over several million years and through successive ice ages.

Stopping at Bøyabreen, an optional short walk allows you to see an arm of the mighty Jostedalsbreen Glacier up close. Bøyaglacier is a prodigious icefall capable of crawling up to 6 ft / 2 m a day, making it one of the fastest-moving glaciers in Norway. That constant motion leads to frequent "talking" \ the audible rumbling heard as the ice shifts down the mountainside. A visit to the Glacier Museum will deepen your understanding of how this wondrous landscape of glaciers and fjords was created, how it has evolved over eons, and how climate affects its behavior today. As architecturally fascinating as it is packed with glaciological exhibits, this award-winning venue even allows you to interact hands-on with 1000-year-old ice from nearby Supphellebreen.

A coffee break in Brævasshytta will warm you up at the outing's midpoint, and the return by coach and ferry retraces the same route \ its terrain now more understandable thanks to the new knowledge you've just acquired.

**Please note: This moderate excursion involves about 0.6 mi/ 0.9 km of walking, about half of which is optional at the glacier viewpoint. Guests must be able to board the coach unassisted. Vehicles are not wheelchair accessible; chairs can be placed in the luggage compartment. Wear weather-appropriate clothing and flat, closed-toe shoes. A windbreaker is recommended. A coffee and snack stop is included. Note that this excursion involves extensive driving, including some sections through tunnels. The order of sights and activities may vary.**

## VIK-D / A Trek To Hovsåsen Viewpoint

Difficulty



Price: \$99 - Duration: 4.50 hr(s) Start 8:30 AM

If you appreciate exceptional natural scenery and the invigorating challenge of a self-powered trek, this outing fits the bill perfectly. Led by an experienced local guide who knows the region well, you'll ascend to a stunning green viewpoint on Hovsåsen Plateau and enjoy a hotel-crafted box lunch up there before descending back to sea level some 4.5 hours and 7.5 mi

/12 km later. Along the way, two very ancient landmark churches \ one of wood, one of stone \ will be among the sights encountered.

Your trek begins at sea level and eventually reaches about 1,000 ft /300 m at the high point. Starting out from the pier, you'll first make a brief stop to pick up your water and food at the Blix Hotel in Vik before heading out into the pastoral Vestland terrain. During a fairly steep 90-minute ascent, you'll pass the two 11th-century landmarks \ Hopperstad Stave Church and Hove Stone Church \ along with burial mounds and other fascinating sights. Enjoy a 30-minute lunch break and the opportunity to capture fantastic photos of the village from high atop the plateau before the return descent begins \ leading you through a lush rural landscape shaped by the vast glaciological forces of the Ice Age.

Some 90 minutes later, you'll be back at the ship \ tired perhaps, but energized for sure.

**Please note: This adventure activity involves extensive walking over natural terrain, approximately 7.5 mi / 12 km in total, with an altitude gain of about 1,000 ft / 300 m. Guests must be in good physical shape to participate and length of the excursion may vary according to group's overall conditioning. Wear weather-appropriate clothing and sturdy walking /hiking shoes; bring your preferred sun and wind protection. Bottled water and a boxed lunch of sandwiches, fruit, and Norwegian chocolate will be provided by the Blix Hotel at beginning of hike. The order of sights and activities may vary. This tour may be canceled should weather conditions be unfavorable.**

## VIK-E / Tvinde Waterfall, Gudvangen, And Viking Church

Difficulty

Price: \$189 - Duration: 5.00 hr(s) Start 8:15 AM



Few natural landscapes on Earth are more dramatic than those awaiting you on this easy coach excursion that traverses the peaks and valleys of Norway's Vestland region. Soon after departing the port, you'll be immersed in a setting torn straight from the pages of a storybook.

An overlook stop reveals panoramas of Vik and the Sognefjord below that will take your breath away as you cross the Vikafjellet mountain plateau and descend into Myrdalen valley, a rich agricultural region known for its summer farms and luscious goat cheeses. Some 75 minutes into your scenic journey, the Tvindefossen waterfall appears ahead \ its cascades of mountain water tumbling down in multiple streams to create a striking natural spectacle. Step off the coach here to listen to the sound, feel the mist, and breathe in the beauty for a few minutes.

Further on, enter the Nærøy Valley, its rugged cliffs and sheer rock faces shaped by glacial activity over millennia. Arriving in Gudvangen, enjoy a half-hour break for coffee and traditional Norwegian waffles at Gudvangen Fjordhotell \ an ideal locale for drinking in this peaceful setting near the UNESCO World Heritage-listed Nærøyfjord.

The return drive toward Vik provides still more thrilling perspectives en route to Hopperstad Stave Church, where you'll spend some time admiring the unique architectural style of one of Norway's oldest wooden churches. Remarkably well-preserved, this landmark 12th-century structure showcases how the ancient Vikings remained connected to their heathen icons and beliefs even as they were introducing Christianity to the region. Look for the carved dragon heads along the roof ridges and other Norse iconography mixed in with the classic Christian motifs and elements \ it's a rare and intriguing combination. After the half-hour visit, the pier is just 15 minutes, and many centuries, away.

**Please note: This excursion involves minimal walking, with some standing at photo stops and two steps to negotiate at the church entrance. Guests must be able to board the coach without assistance at the various stops. Tea/coffee and waffles at Gudvangen Fjordhotell are included. Wear weather-appropriate clothing and bring your preferred sun protection. All views mentioned are subject to favorable weather conditions; the order of sights and activities may vary.**

## VIK-F / Vik on Foot (INCLUDED)

Difficulty

Duration: 2.00 hr(s) Start 9:15 AM, 12:15 PM, and 3:00 PM



On the southern shores of the Sognefjord, one of the longest fjords in the world, find the hidden gem of Vik or Vikøyri (population 2800). Awe-inspiring vistas and natural beauty surround this town, which stands as a symbol of Norway's rich fjord

culture and heritage. Vik was a center of power in the Viking Age due to its location on the Sognefjord with its rich vegetated bays and vast fishing waters.

This fascinating walking tour takes you through the charming beach dweller settlement, stroll between its picturesque homes and boathouses. Walk past burial grounds and arrive at the region's oldest stave church - a structure that showcases Norway's contribution to world architecture. Stave churches bear much resemblance to past Norwegian ships, a testament to the country's long-standing excellence in shipbuilding. Ornaments such as dragonheads and serpents are found on the buildings' steep roofs, placed there to frighten the evil spirits away.

The richly decorated, wooden Hopperstad Church features intricate architectural details and carvings and was built in 1130 during the Middle Ages conversion from Norse mythology to Christianity. Your visit here, surrounded by towering trees, offers a glimpse into the town's past and the rich Scandinavian history that developed this region. After completing your exterior visit, walk back through Vik to the pier, taking with you a knowledge of the tradition, culture, and handicrafts that mark Norway's culture.

**This moderate activity excursion involves approximately 4 kilometers (2.5 miles) of walking mostly on paved terrain with some inclines and then declines. There will be periods of standing on at various sites. For this reason, it is not suitable for guests with limited mobility or confined guests. Comfortable clothing and closed toe, walking shoes are recommended. No beverages or meals are provided. Please bring a bottle of water. The order of sights seen may vary.**

## VIK-F / Vik on Foot GROUP 11978-25 (INCLUDED)

Difficulty



Duration: 2.00 hr(s) Start 3:50 PM

On the southern shores of the Sognefjord, one of the longest fjords in the world, find the hidden gem of Vik or Vikøyri (population 2800). Awe-inspiring vistas and natural beauty surround this town, which stands as a symbol of Norway's rich fjord culture and heritage. Vik was a center of power in the Viking Age due to its location on the Sognefjord with its rich vegetated bays and vast fishing waters.

This fascinating walking tour takes you through the charming beach dweller settlement, stroll between its picturesque homes and boathouses. Walk past burial grounds and arrive at the region's oldest stave church - a structure that showcases Norway's contribution to world architecture. Stave churches bear much resemblance to past Norwegian ships, a testament to the country's long-standing excellence in shipbuilding. Ornaments such as dragonheads and serpents are found on the buildings' steep roofs, placed there to frighten the evil spirits away.

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**This moderate activity excursion involves approximately 4 kilometers (2.5 miles) of walking mostly on paved terrain with some inclines and then declines. There will be periods of standing on at various sites. For this reason, it is not suitable for guests with limited mobility or confined guests. Comfortable clothing and closed toe, walking shoes are recommended. No beverages or meals are provided. Please bring a bottle of water. The order of sights seen may vary.**

## VIK-G / Mountain Panorama and Norwegian Hydro Power (INCLUDED)

Difficulty



Duration: 3.50 hr(s) Start 9:15 AM and 1:15 PM

Some 90% of all electricity produced in Norway comes from hydropower, and this intriguing excursion follows the journey that mountain water above Vik village takes as it passes down through multiple power plants to eventually reach the fjord below \ producing green energy at each step. Over a few hours, you will not only view the majesty of the fjordland mountainscape but

gain insights into the network of watercourses, dams, pipelines, and power plants that transform an abundant liquid resource into a sustainable power source.

The explorations begin with a 30-minute coach drive from the shore of the Sognefjord \ up into a beautiful valley and a stop to tour the Refsdal Power Plant via a 0.5 m / 750 m walk from the parking area. In operation since 1968, Refsdal's two turbines utilize the steep drop of water from Målsetevatn and Kvilesteinsvatn reservoirs, along with outflow tunneled in from another power plant further upstream, to generate an annual output of 421.3 billion watt-hours of electricity. That's a lot of juice.

After walking back to the coach, your drive continues along the stream of production to stop by Målset Power Plant, positioned further up the mountain at the top of the 3-plant chain \ with Refsdal in the middle and Hove Power Plant at the lowest point along the Vikja watercourse.

The next half hour or so brings you to Vikafjell mountain to catch some especially stunning Norwegian mountain scenery \ and see the lakes that feed these hydropower plants \ and on to Storesvingen, known for its fine views of Vik and your ship on the fjord, if the weather cooperates. Getting closer to the end of your hydro-saga, you'll stop for outside views of Hopperstad Stave Church, a remarkably restored landmark structure dating back to 1130. From there, it's just another 10 minutes to the pier.

**Please note: This moderate excursion includes approximately 1.05 mi / 1.7 km of walking, including over natural surfaces with inclines at Refsdal Power Plant. The activity is not recommended for guests who utilize a wheelchair or have limited mobility. Wear weather-appropriate clothing and good walking shoes; bring your preferred sun protection. The order of sights and activities may vary.**

## VIK-G / Mountain Panorama and Norwegian Hydro Power GROUP 11978-25 (INCLUDED)

Difficulty

Duration: 3.50 hr(s) Start 1:15 PM



Some 90% of all electricity produced in Norway comes from hydropower, and this intriguing excursion follows the journey that mountain water above Vik village takes as it passes down through multiple power plants to eventually reach the fjord below \ producing green energy at each step. Over a few hours, you will not only view the majesty of the fjordland mountainscape but gain insights into the network of watercourses, dams, pipelines, and power plants that transform an abundant liquid resource into a sustainable power source.

The explorations begin with a 30-minute coach drive from the shore of the Sognefjord \ up into a beautiful valley and a stop to tour the Refsdal Power Plant via a 0.5 m / 750 m walk from the parking area. In operation since 1968, Refsdal's two turbines utilize the steep drop of water from Målsetevatn and Kvilesteinsvatn reservoirs, along with outflow tunneled in from another power plant further upstream, to generate an annual output of 421.3 billion watt-hours of electricity. That's a lot of juice.

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**Please note: This moderate excursion includes approximately 1.05 mi / 1.7 km of walking, including over natural surfaces with inclines at Refsdal Power Plant. The activity is not recommended for guests who utilize a wheelchair or have limited mobility. Wear weather-appropriate clothing and good walking shoes; bring your preferred sun protection. The order of sights and activities may vary.**

JUNE 20 2026, SATURDAY

# Skagen - Denmark

## HIGHLIGHTS EXPERIENCES

### SKA-A / Skagen Highlights (INCLUDED)

Duration: 3.00 hr(s) Start 8:30 AM and 12:30 PM

Difficulty



Explore the local charm and landmarks of Skagen during a half-day excursion to this historic town and its lovely environs.

Skagen, Artists' Homes and Brøndum Hotel

Depart the pier for a short, guided walking tour through Skagen Town. Along the way, pass by the charming homes of local painters and artists such as Anna and Michael Anchers, and Holger Drachmann. Continue past the famous, tiny Brøndum Hotel, a favourite haunt of the mid-19th-century 'Skagen Painters'. Their light, summery artwork is displayed in many national and international homes and museums.

Grenen Train-Ride, Old Skagen and Buried Church

Next, board a coach for the short drive to Grenen. Upon arrival, board the Sandormen, or 'Sand Worm' mini-train, for a panoramic ride to the highest point in Denmark. Following your ride and a souvenir stop, re-board your coach for the drive to Old Skagen. Here, a visit is made to the Buried Church. One of the nation's most curious attractions, this old church is buried in a wandering sand dune, and only the upper two-thirds of its tower is visible. At the conclusion of your visit, commence the approximately 45-minute drive back to the pier.

**This tour involves a moderate amount of walking for approximately 0.6 miles (one kilometre), with a few steps to negotiate to get on/off the coach and mini-train. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended.**

### SKA-C / Råbjerg Mile & Eagle World

Price: \$269 - Duration: 3.50 hr(s) Start 9:45 AM

Difficulty



Experience the spectacular scenery of Denmark's largest migrating sand dune and a breath-taking show of birds of prey during this unforgettable, half-day excursion.

Eagle World

Depart the pier for the short, scenic drive to Eagle World. Upon arrival, view the photo and falconry exhibits in the showrooms, observe the world's largest eagles being fed and feel the whirr of wings overhead. Next, marvel at the flying skills of lightning-quick peregrine falcons, learn about the falcon hunt and see the falconers train the birds.

Råbjerg Mile

Following your visit, re-board your coach for the drive to the nearby Råbjerg Mile, the largest migrating sand dune in Denmark and northern Europe. Formed on the west coast during the great sand drift that dominated the landscape from the 16th to 19th centuries, the Råbjerg Mile moved eastward at a rate of approximately 49 feet (15 metres) a year. During your visit, you may opt to climb to the top of the 656-foot (200-metre) sand dune, which offers splendid panoramic vistas and photo opportunities.

Old Skagen, Damstederne and Klitgården

Your tour concludes with an approximately 45-minute drive back to the pier. En route, drive through Old Skagen. Originally a small fishing hamlet, Old Skagen has been a fashionable Danish holiday resort since the turn of the 20th century. From here, pass by the Damstederne area, Klitgården, formerly a summer residence for royals, and the Skagen Museum.

**This tour involves a moderate amount of walking for approximately 0.6 miles (one kilometre), with a few steps to negotiate to get on/off the coach and 656-foot (200-metre) climb to access the top of the sand dune. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended. Space on this tour is very limited; we suggest you book in advance to avoid disappointment.**

## SKA-E / Skagen by bike

Difficulty



Price: \$149 - Duration: 3.50 hr(s) Start 9:30 AM

Experience the scenic beauty and sights of Skagen in a unique new way during this invigorating, half-day sightseeing excursion via bicycle.

### Skagen, Heath, Dunes and Grenen Viewpoint

Receive your safety instructions, helmet and bicycle, then depart the pier for your guided bicycle tour through the village of Skagen and its surrounds. Along the way, pass by yellow-painted houses with white fences and red roofs, then traverse the heath and dunes en route to the Grenen Viewpoint, which is located on a peninsula between the Baltic Sea and North Sea. Arriving at the Skagen Gren view point, we will leave the bikes behind and walk through dunes and sand to the very top of Denmark - where you will be able to stand in two seas at the same time.

### Buried Church and Old Town

Next, your route continues through the scenic landscape. A refreshment stop is made before heading to the 13th-century Buried Church to view its ruins, which have fallen prey to the drifting dunes. Today, only the original spire remains standing as the dunes grow bigger and bigger. After your photo stop, ride back to Skagen via the Old Town, then commence the short transfer back to the pier.

**Please note: This tour involves an extensive amount of riding for approximately 13 miles (about 21 kilometres) and a moderate amount of walking for approximately 328 yards (about 300 metres), with a few steps to negotiate to get on/off the coach. This tour is recommended for guests who are in good physical condition, and are competent bicycle riders. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended. Guests must wear their safety helmet at all times whilst riding the bicycles. Guests must be at least 12 years old to participate on this tour, and minors must be accompanied by a parent. Space on this tour is very limited; we suggest you book in advance to avoid disappointment. Operation of this tour is subject to weather conditions.**

## SKA-F / Voergaard Castle

Difficulty



Price: \$249 - Duration: 5.00 hr(s) Start 8:45 AM

Explore the scenic splendour, history and flavours of Skagen and its surrounds during this panoramic, half-day sightseeing excursion.

### Skagen and Buried Church

Depart the pier for the short drive down the east coast to the Buried Church. A photo stop is made here to view its ruins, which have fallen prey to the drifting dunes. Today, only the original spire remains standing as the dunes grow bigger and bigger.

### Coastal Drive and Voergaard Castle

Next, re-board your coach and drive continues along the east coast, which offers splendid views of the sea and heath, then head to the Voergaard Castle. Situated behind a wide moat and approximately 3.2-foot-thick (one-meter-thick) walls, Voergaard is Denmark's most beautiful Renaissance castle. During your guided visit inside the castle, learn about the history of the castle, its past inhabitants and 'ghosts', and view a priceless collection of art, treasures and royal antiques.

### Skagen Countryside, Bangsbo Manor, Old Mill and Pastry Tasting

Leaving the castle, re-board your coach and drive through the picturesque countryside to Bangsbo Manor, nestled in the hills behind the town of Frederikshavn. Upon arrival, proceed to the Old Mill for a refreshment stop and an opportunity to sample a

famous Danish pastry. Afterward, re-board your coach and commence the approximately 45-minute drive back to Skagen, then pass through the village before arriving back at the pier.

**This tour involves a moderate amount of walking for approximately 0.6 miles (about one kilometre), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach and 60 steps inside the Voergaard Castle. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing, flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least six years old to participate on this tour. The tour sequence may vary.**

## SKA-H / Old Town & Art Heritage

Difficulty



Price: \$99 - Duration: 3.00 hr(s) Start 9:15 AM

Explore the history of Skagen and works of its celebrated artists during this picturesque, half-day sightseeing excursion. Skagen, Old Town, Walking Tour

Depart the pier for the short transfer into Skagen, a charming fishing village known for its stunning yellow houses and rich cultural heritage. This lovely town has been a source of inspiration for artists, poets, and musicians for centuries, and a favourite tourist destination for generations. Upon arrival at the shuttle stop, experience Skagen's rich history and charm first-hand during a guided and narrated stroll through the narrow, cobbled streets of the older parts of town.

Skagen Museum, Guided Tour, Stunning Artwork, Exquisite Landscapes, Seascapes & Portrait

Your first stop is at the Skagen Museum. Upon arrival, your guide, Hanne, leads you on a captivating journey through the museum's exhibitions, sharing her unique insights and interpretations of the various paintings. Her enthusiasm is contagious and, with her as your guide, enjoy an intimate and in-depth look at the works of the Skagen painters, a group of artists who flocked to the town in the late-19th and early-20th centuries. Marvel at beautiful landscapes, seascapes, and portraits that captured their impressions of this stunning locale, and learn about the artists, their techniques, and creative inspirations.

Ancher's House, Auction Hall, Brøndum's Hotel, Sct. Laurentii Vej, Skagen Church, Marina

Following your museum visit, continue your walking tour of Skagen. Learn about Skagen's cultural significance whilst passing by historical landmarks such as Ancher's House, the Auction Hall, Brøndum's Hotel, and Memorial. Next, walk along Sct. Laurentii Vej, Skagen's pedestrian street, en route to the Skagen Church, which offers splendid views of the Marina. Your walking tour concludes back at the shuttle stop. Upon arrival, re-board your shuttle and commence the short transfer back to the pier.

**Please note: This tour involves an extensive amount of walking for approximately 1.8 miles (about three kilometres), at times over uneven and cobblestone surfaces, with a few steps to negotiate to board/de-board the shuttle. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing with flat, closed-toe walking shoes, and bring sun protection, bottled water, a sweater or light jacket, umbrella, and Danish Krones or credit cards for purchases from the ship.**

## SKA-J / Wild West Coast Safari

Difficulty



Price: \$409 - Duration: 2.50 hr(s) Start 10:15 AM and 1:00 PM

Embrace the spectacular natural beauty of Skagen's west coast along the road less-travelled during this scenic and exhilarating, 4WD Jeep excursion.

Skagen, 4WD Jeep Adventure, Rugged West Coast Landscapes

After meeting your guides at the pier and receiving your safety and riding instructions, board your 4WD Jeep and begin your guided, off-road safari adventure with a scenic and exhilarating drive through the rugged west coast of Skagen. During this immersive journey, pass by breath-taking natural landscapes and search for hidden gems to be discovered along the road less-travelled.

Photo Stops, Råbjerg Mile, Splendid Views & Photo Opportunities

Throughout the tour, several photo stops are made to marvel at the unrivalled beauty of Skagen and delight in a sensory experience that enables you to see, feel, touch, and smell the many treasures of this exquisite topography. The highlight of the tour is a stop at the Råbjerg Mile, the largest migrating dune in Northern Europe, to capture magnificent views and photo opportunities of your surrounds.

#### Unique Flora & Fauna

In addition to offering you an unforgettable, up-close look at the stunning natural splendour of Skagen, your knowledgeable guides share fascinating stories and information about the unique flora and fauna found in the region, giving you a deeper understanding and appreciation of this remarkable area. This tour is the ideal blend of adventure and education, offering an immersive experience that is both exciting and informative. At the conclusion of this unforgettable off-road adventure, commence the short drive back to the pier.

**Please note:** This tour involves an extensive amount of off-road driving and a minimal amount of walking for approximately 109 yards (about 100 metres), at times over uneven, gravel, and natural surfaces and inclines, with a few steps to negotiate to get on/off the 4WD Jeep. Walking during photo stops is at the discretion of each guest. The ride may be rough at times, and guests will experience bumpy, jerking motions. This tour is recommended for guests who are in good physical condition. This tour is not suitable for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests prone to motion sickness, guests with limited mobility, and guests who utilise a wheelchair. Guests are advised to wear lightweight, comfortable clothing in layers with flat, sturdy, closed-toe, and non-slip walking shoes they won't mind getting dirty, and bring sun protection, a weatherproof jacket, bottled water, and Danish Krones or credit cards for purchases from the ship; open-toed shoes and high-heels are not permitted on this tour. Guests must be at least 12 years old to participate on this tour; minors must be accompanied by a parent or guardian over 18 years old. The 4WD Jeeps utilised on this tour accommodate eight guests. A signed waiver is required to participate on this tour. The tour sequence may vary. Space on this tour is extremely limited; we suggest you book well in advance to avoid disappointment.

## SKA-K / Scenic Råbjerg Mile (INCLUDED)

Difficulty



Duration: 2.00 hr(s) Start 2:30 PM

Experience the picturesque beauty of Skagen and its surrounds from the comfort of your coach during this leisurely sightseeing excursion.

#### Skagen, Hulsig Heath, Raabjerg Mile, Breath-Taking Sand Dune & Natural Surrounds

Depart the pier with your guide for the scenic, approximately 30-minute drive through the beautiful Hulsig Heath en route to the spectacular Raabjerg Mile. Upon arrival, a photo stop is made for breath-taking views and photo opportunities of the Raabjerg Mile, the largest migrating sand dune in Denmark and Northern Europe. Marvel at its breath-taking dune and the exquisite natural beauty surrounding it.

#### Old Skagen, Seaside Hotels, Skagen Odde Nature Centre, Lighthouses

Afterward, re-board your coach and resume your panoramic tour with a drive through Old Skagen, home to a plethora of typical seaside hotels and signature yellow houses. From here, pass by the Skagen Odde Nature Centre, designed by renowned Danish architect Jørn Utzon, and learn about the four lighthouses protecting Skagen's coast.

#### Skagen Town, Cityscapes, Seascapes, Yellow House, White-Fenced Gardens, Marina

Next, your drive continues through Skagen Town, which abounds with lovely cityscapes and seascapes. Along the way, pass by picturesque yellow houses with white-fenced gardens, a typical sight in Skagen. See the bustling marina, home to red warehouses-turned-restaurants that are packed with holiday guests during high season. Your sightseeing tour of Skagen concludes back at the pier.

**Please note:** This tour involves a minimal amount of walking for approximately 109 yards (about 100 metres), at times over uneven and sandy surfaces, with a few steps to negotiate to board/de-board the shuttle. This tour is suitable for guests with limited mobility, but is not wheelchair-accessible nor suitable for guests prone to motion sickness. Guests are advised to wear lightweight, comfortable clothing in layers with flat, closed-toe walking shoes, and bring sun protection, bottled water, a sweater or light jacket, and Danish Krones or credit cards for purchases from the ship. The tour sequence may vary.

JUNE 21 2026, SUNDAY

# Copenhagen - Denmark

## HIGHLIGHTS EXPERIENCES

### CPH-A2 / Panoramic of Copenhagen (Tour & Airport Transfer)

Price: \$139 - Duration: 3.00 hr(s) Start 8:45 AM

Difficulty



Discover the Old World beauty and architecture of Copenhagen one of the most historic cities in the Baltic region during a scenic half-day tour of this historic Danish.

#### Little Mermaid, Citadel, Frederiksstad

After departing from the pier make a brief photo stop to the diminutive statue, which has become the world famous symbol of Copenhagen; the statue of the Little Mermaid who gazes longingly out to sea from her rock in the harbour. Pass the Citadel and Historic housing area of before continuing on.

#### Kings Square, Nyhavn & Holmes Church

Enjoy the view from the coach as you pass the City Hall Square. The mile-long pedestrian street Stroget connects the City Hall Square with the King's New Square, and along this street you find lots of shops, boutiques and cafés and an ever-lively atmosphere of street entertainers and vendors. Drive through the colourful canal area of Nyhavn, once a disreputable quarter of the city frequented by sailors and consisting of bars and entertainment of questionable taste. It is now a most charming part of Copenhagen, with brightly coloured houses along the canal. Afterwards pass the Homles Church.

#### Old Stock Exchange, Christiansborg Castle, GL Strand

Continue onto the other side is the old part of Copenhagen, lining one of the city's many winding canals. Pass the old Stock Exchange - a building in Dutch renaissance style, with its spire of entwined dragon tails. Further on, pass the Christiansborg Palace, home of the Danish Parliament and the King's Reception rooms, and pass the GL Strand.

#### Glyptoteket, Tivoli Gardens, Rosenborg

Pass the Glyptotek Art Museum with an impressive collection of art, bestowed on the city by the heir of the Carlsberg Empire, and the massive National Museum founded in 1650 and housed in the old Prince's Palace. On the other side of the City Hall Square is the world famous Tivoli Gardens, founded in 1843 and thus one of the oldest amusement parks still in operation in the world. Then pass the Rosenborg Castle, probably the quaintest and most fairy tale-like of all the Copenhagen castles.

After this scenic overview of the Danish capital, continue to the airport for your onward travel

**Please note: This tour is offered to guests disembarking the ship with flights from Copenhagen International Airport at 2pm or later and will end at the airport. It requires a minimal amount of walking. This tour is suitable for guests with limited mobility and those who utilise a wheelchair; however, guests must be able to embark and disembark the coach via the coach steps. The tour sequence may vary. There are no inside visits included in this tour. A minimum number of participants is required to operate this programme.**

### CPH-E / Royal Treasures, Castle & City

Price: \$99 - Duration: 3.00 hr(s)

Difficulty



Explore the Old World beauty and architecture of Copenhagen including the impressive Rosenborg Castle during a scenic half-day tour.

#### Copenhagen City Tour

After departing from the pier make a brief photo stop to the diminutive statue, which has become the world famous symbol of Copenhagen; the statue of the Little Mermaid who gazes longingly out to sea from her rock in the harbour. Pass the Citadel and Historic housing area of before continuing on.

The next photo stop will be at Amalienborg, the royal winter residence. The sprawling octagonal courtyard, linking four rococo mansions and the impressive Marble Church, is regarded as one of Europe's finest examples of the staging of Absolutism and widely considered one of the most beautiful squares in Europe.

Drive through the colourful canal area of Nyhavn, once a disreputable quarter of the city frequented by sailors and consisting of bars and entertainment of questionable taste. It is now a most charming part of Copenhagen, with brightly coloured houses along the canal. Pass the old Stock Exchange - a building in Dutch renaissance style, with its spire of entwined dragon tails. Further on, pass the Christiansborg Palace, home of the Danish Parliament and the Queen's Reception rooms, and pass the GL Strand.

### Rosenborg Castle

Rosenborg Castle, probably the quaintest and most fairy tale-like of all the Copenhagen castles, with its tall towers and its red masonry with sandstone ornaments, as a distinguished example of Christian IV's many building projects, perfect despite many changes during its construction history. The Castle is built in the special Dutch Renaissance style which became typical of Danish buildings during this period.

Explore the castle on a guided tour, including the collection of crown jewels and other Royal regalia. The interiors are well-preserved and invite you to take a journey in time.

After this scenic overview of the Danish capital, return to the pier and your awaiting ship.

**Please note: This tour requires a moderate amount of walking. This tour is not suitable for guests with limited mobility and those who utilise a wheelchair. The tour sequence may vary.**

## CPH-H / Copenhagen Cycling & Danish Specialities

Price: \$199 - Duration: 3.50 hr(s)

Difficulty



Explore the lovely panorama and flavours of Copenhagen in a unique new way during this fun-filled, half-day bicycling and tasting excursion.

### Copenhagen, Langelinie Yacht Marina and Little Mermaid

Receive your safety and bicycling instructions, then depart the pier for a guided tour of Copenhagen City via bicycle, the most popular form of transport among Copenhageners. Riding along the harbour-front, pass by the Langelinie Yacht Marina for a photo stop at the city's world-famous resident, the 'Little Mermaid'.

### Amalienborg Palace and Garden, Nyhavn Canal, King's Garden, Royal Theatre, Rosenborg Castle

Next, ride along the green park and continue on to the modern, yet elegant Amalie Garden, with the Queen's Palace, Amalienborg, right behind the square. After a photo stop here, ride on to the Nyhavn Canal. Formerly the sailors' quarter, Nyhavn is today a fashionable promenade with restaurants and bars, but has managed to retain its historic, seafaring aura. From here, cross the King's New Square, where the Royal Theatre is located, and ride past the King's Garden, the lush green park adjacent to Rosenborg Castle, an elegant Renaissance castle dating from the 17th century.

### Christiansborg Castle, Old Stock Exchange, City Hall, Market Halls, and Danish Specialities

Your route proceeds past Christiansborg Castle, houses the Danish Parliament and is located next to the Old Stock Exchange. From here, ride past City Hall en route to the newly-opened Market Halls. A stop is made here for a tasting of Scandinavian and Danish specialities. Afterward, commence the short ride back to the pier, passing the historic, yellow-painted houses of Nyboder en route.

**Please note: This tour involves an extensive amount of bicycling for approximately 6.2 miles-7.4 miles (about 10 kilometres-12 kilometres) and a moderate amount of walking for approximately 547 yards (about 500 metres). This tour is not recommended for pregnant guests, guests with neck and/or back problems, guests with heart and/or respiratory conditions, guests who are in good physical condition, and able to ride a bicycle. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking or sport shoes and sun**

protection are recommended. Guests must be at least ten years old to participate on this tour; minors must be accompanied by a parent or guardian. Due to the size of the bicycles utilised for this tour, the height of each guest must be at least five feet, three inches (about 160 centimetres), and not exceed six feet, 10 inches (about 210 centimetres) to participate on this tour. The weight of each participating guest may not exceed 264 pounds (about 120 kilograms). Safety helmets and vests is provided, and must be worn the entire time whilst bicycling. A signed waiver is required to participate on this tour. The tour sequence may vary.

## CPH-I / Evening Cruise with wine & Canapees

Difficulty



Price: \$199 - Duration: 1.25 hr(s)

Experience the splendid beauty of Copenhagen City at night during this picturesque evening cruise excursion with wine and canapes.

### Copenhagen Harbour and Canals Cruise, Little Mermaid, Opera House, Amalienborg Palace

Depart the pier for the short walk to your awaiting boat. After embarking the boat, receive a welcome glass of wine and begin your picturesque evening cruise along the canals and harbour of Copenhagen. Along the way, see many sights such as the 'Little Mermaid' and newly-built Copenhagen Opera House, located opposite the Amalienborg Palace.

### Christianshavn Canal and Castle, Church of Our Saviour, Old Stock Exchange, Playhouse

Next, glide through the canal of Christianshavn whilst enjoying the views of historical buildings, as well as the spire of the Church of Our Saviour with its spectacular exterior winding staircase. Pass Christiansborg Castle, which was built by King Christian IV, houses the Danish Parliament and is located next to the Old Stock Exchange. From here, sail through the open harbour and see Nyhavn from a distance whilst passing by the Playhouse. During the tour, wine and canapes are served. Your scenic evening cruise concludes back at the pier. After disembarking the boat, return to the ship on-foot.

**Please note: This tour involves a moderate amount of walking for approximately 328 yards (about 300 metres), with six-seven steps to negotiate to embark/disembark the boat. This tour is not suitable for guests with limited mobility and guests who utilise a wheelchair. Lightweight, comfortable clothing with flat, closed-toe walking shoes and sun protection are recommended. Guests must be at least 18 years old to be served alcoholic beverages. The tour sequence may vary.**

## CPH-R / Wonderful Copenhagen & Tivoli

Difficulty



Price: \$139 - Duration: 4.00 hr(s)

Explore the oldest and most charming parts of Copenhagen during this fun-filled, half-day sightseeing excursion.

Copenhagen, Little Mermaid Statue

Depart the pier for the short drive to the Little Mermaid. No visit to Copenhagen is complete without seeing the city's most famous symbol. Completed in 1913, this statue was erected to express gratitude to Hans Christian Andersen and his world-renowned fairy tales. After a photo stop at the Little Mermaid, re-board your coach and take a sightseeing drive through the city.

Gefion Fountain, Nyhavn, King's Square, Royal Theatre, Old Fish Market

Along the way, pass by Copenhagen's famous Gefion Fountain, set amidst the parkland of the Citadel and depicting the Nordic legend of the Goddess Gefion. Drive through the bustling Nyhavn area. Here, see King's Square, where the Royal Theatre, embassies and many fashionable shops are located, along with the Old Stock Exchange and Gammel Strand. In addition, view the old fish market warehouses dating back to medieval times and Glyptoteket, founded by the Danish Brewer, Carl Jacobsen, the creator of Carlsberg beer. Following your sightseeing drive, head to the final stop on your tour, Tivoli Gardens.

Tivoli Gardens, Rosenborg Castle

Founded in 1843 by Georg Carstensen, Tivoli was inspired by the so-called romantic pleasure gardens of Europe. When Tivoli first opened its gates, it only had a few rides and amusements; today, however, there is a mix of attractions mingled with

charming flower and relaxation gardens. One of the most photographed features of Tivoli is the Chinese Pagoda, which dates from 1900 and is situated beautifully by the lake. The fairy-tale writer Hans Christian Andersen was a frequent visitor to Tivoli, and some say that it was here he was inspired to write The Nightingale. Some free time is made available here to enjoy the fun, frivolity and excitement of Tivoli at your leisure. At the conclusion of your visit, re-board your coach and commence the approximately 30-minute drive back to the pier, passing by the Rosenborg Castle en route.

**Please note: This tour involves a minimal amount of walking for approximately 547 yards (about 500 metres), at times over uneven and cobblestone surfaces, with a few steps to negotiate to get on/off the coach and at the sites visited. Walking at Tivoli is at the discretion of each guest. This tour is suitable for guests with limited mobility and guests who utilise a wheelchair. The tour sequence may vary.**

## CPH-T / Complete Copenhagen (Tour & Airport/Hotel Transfer) - Full Day

Difficulty

Price: \$229 - Duration: 7.00 hr(s) Start 8:30 AM



See the city's most magical monuments including the Little Mermaid, Christiansborg Castle, Dragoer Village. Little Mermaid

Your first stop is the world-famous Little Mermaid statue. Take plenty of photos then head off on a panoramic drive passing the 17th century Citadel, the renaissance Rosenborg Castle and Nyhavn.

### Christiansborg Castle

Continue to Christiansborg Castle - the centre of power in Denmark - follow your guide and discover the secrets of the Royal Reception Rooms, where the King still regularly entertains guests. Stroll through Knights Hall and admire the stunning tapestries depicting Danish history.

### Dragor Village

Back on the coach, enjoy a panoramic drive before heading off to the island of Amager. In the scenic village of Dragoer, your guide will lead you to the prettiest parts of the picturesque town. Spend some free time strolling by the harbour and through the narrow streets to admire the red-roofed, yellow-painted houses, before heading off to the airport and to the Silversea hotel in Copenhagen.

**Please note: This tour is offered to guests disembarking the ship with flights from Copenhagen International Airport at 7pm or later and will arrive at the airport at approximately 5pm. A final stop will be made at the Silversea Hotel in Copenhagen. It requires a moderate amount of walking of approximately 2 hours in total, at times over uneven grounds. Guests must be able to negotiate a few steps to get on and off the coach and at Christiansborg Castle. The tour sequence may vary.**

**A minimum number of participants is required to operate this programme.**

**If the King is at Christinasborg, an alternative visit will be included in the tour.**

**The tour does not include any meals or refreshments, however free time will be allocated for guests to enjoy lunch at their own expense.**

## PRIVATE EXPERIENCES

### CPH-V / Copenhagen by Private Car with Guide - Half Day

Difficulty

Price: \$1299 - Duration: 4.00 hr(s)



Explore Copenhagen at your leisure during your half-day (4-hour) sightseeing tour via private car. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your driver and guide in an air-conditioned car and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier for intransit guests. For guests finally disembarking the ship, the tour ends at Copenhagen airport or hotel.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 2 guests per car with 2 pieces of luggage, if finally disembarking the ship. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

## CPH-W / Copenhagen by Private Car with Guide - Full Day

Difficulty



Price: \$2199 - Duration: 8.00 hr(s)

Explore Copenhagen at your leisure during your full-day (8-hour) sightseeing tour via private car. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your driver and guide in an air-conditioned car and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier for intransit guests. For guests finally disembarking the ship, the tour ends at Copenhagen airport or hotel.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 2 guests per car with 2 pieces of luggage, if finally disembarking the ship. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

## CPH-X / Copenhagen by Private Van with Guide - Half Day

Difficulty



Price: \$1599 - Duration: 4.00 hr(s)

Explore Copenhagen at your leisure during your half-day (4-hour) sightseeing tour via private van. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your driver and guide in an air-conditioned van and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier for intransit guests. For guests finally disembarking the ship, the tour ends at Copenhagen airport or hotel.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 4 guests per van, with six pieces of luggage for guests finally disembarking the ship. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**

## CPH-Y / Copenhagen by Private Van with Guide - Full Day

Difficulty

Price: \$2599 - Duration: 8.00 hr(s)



Explore Copenhagen at your leisure during your full-day (8-hour) sightseeing tour via private van. Customise your own itinerary or choose to see an overview of the area's highlights.

Depart the pier with your driver and guide in an air-conditioned van and discover the city and surrounding areas at your own pace. Your exclusive tour concludes back at the pier for intransit guests. For guests finally disembarking the ship, the tour ends at Copenhagen airport or hotel.

**Please note: This tour is non-refundable if cancelled within 48 hours prior to the cruise start date. Actual vehicle type varies depending on availability. Participation is limited to 4 guests per van, with six pieces of luggage for guests finally disembarking the ship. The price, exclusive of meals, entrance fees and gratuities, is per vehicle. Therefore, when making your reservation, please indicate the number of vehicles, not the number of guests. Only one person in the party needs to reserve this programme. Please see the Shore Concierge Office on board the ship to arrange your individual itinerary.**